



# COMMONWEALTH of VIRGINIA

## Department of Criminal Justice Services

The Honorable Jackson H. Miller  
Director

Tracy Louise Winn Banks, Esq.  
Chief Deputy Director

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To: Criminal Justice Services Board Grants Committee

From: Tracy Matthews, Manager, Division of Public Safety Training and Virginia Center for  
School and Campus Safety

Date: April 24, 2025

Re: FY2026 Office of First Responder Wellness (OFRW) Grant Program

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Name of Person Presenting: Mr. Tracy Matthews, Manager

The purpose of the Office of First Responder Wellness (OFRW) Grant Program is to provide resources to first responder agencies and non-profit organizations to fund first responder wellness training for agency employees; fund registration fees, lodging, and per diem for agency employees to attend first responder wellness conferences; fund support costs for therapy/ support dogs; fund the purchase of therapeutic wellness equipment; and provide funding for non-profit agencies to provide wellness training, resources, or direct services to first responders in the Commonwealth of Virginia. Executive Order 38 directed DCJS to award up to \$2,700,000.

Grant Application Review	
# Grants Submitted	122
# Grants Denied	45
# Grants Recommended	77

DCJS Recommendations	
Amount Requested	\$2,765,040
Amount Denied	\$968,380
Amount Reduced	\$208,063
Total Amount Recommended	\$1,588,597

The **45 applications recommended for denial** were determined to have significant or multiple application deficiencies. This included failing to complete sections of the application, providing insufficient information, descriptions, and justifications for the requested items, and requesting unallowable items.

These awards will fund over 16 first responder wellness training and conference attendance across multiple localities, support the purchase of therapeutic wellness equipment and supplies, support costs associated with 12 therapy dog programs, and provide funding to six (6) non-profits to provide resources, training, and direct services to first responders.

In summary, **DCJS staff requests approval to fund 77 grant applications for the 12-month period (7/1/2025 – 6/30/2026), totaling \$1,588,597**, using state funds allocated for this purpose.

# OFRW -- Grants Committee Recommendations (Cover Report)

## Office of First Responder Wellness Grant Program

24-Apr-2025

Application Number	Applicant	Organization Type	Requested DCJS Funds	Requested Local	Requested Total	Recommended DCJS Funds	Recommended Local	Recommended Total
550136	Abingdon, Town	Town Government	\$11,000.00	\$0.00	\$11,000.00	\$11,000.00	\$0.00	\$11,000.00
549892	Alexandria, City	City Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
549273	Amelia, County	County Government	\$29,072.00	\$0.00	\$29,072.00	\$8,072.00	\$0.00	\$8,072.00
549657	Arlington Co. Police Department	County Government	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
550021	Augusta, County	County Government	\$29,128.00	\$0.00	\$29,128.00	\$29,128.00	\$0.00	\$29,128.00
549860	Botetourt, County	County Government	\$19,141.00	\$0.00	\$19,141.00	\$19,141.00	\$0.00	\$19,141.00
549277	Broadway, Town	Town Government	\$10,525.00	\$0.00	\$10,525.00	\$0.00	\$0.00	\$0.00
549380	Buena Vista, City	City Government	\$11,500.00	\$0.00	\$11,500.00	\$0.00	\$0.00	\$0.00
550026	Cardinal CIA	Other	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
550054	Center for Police Leadership & Ethics International	Non-Profit Organization	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
549507	Central Shenandoah CIA	Other	\$24,975.00	\$0.00	\$24,975.00	\$24,975.00	\$0.00	\$24,975.00
550359	Charles City, County	County Government	\$21,800.00	\$0.00	\$21,800.00	\$0.00	\$0.00	\$0.00
550350	Charlottesville-UVA-Albemarle County Emergency Communications Center	County Government	\$29,645.00	\$0.00	\$29,645.00	\$0.00	\$0.00	\$0.00
549826	Chesterfield, County	County Government	\$27,908.00	\$0.00	\$27,908.00	\$27,908.00	\$0.00	\$27,908.00
550246	Chincoteague, Town	Town Government	\$23,746.00	\$0.00	\$23,746.00	\$23,746.00	\$0.00	\$23,746.00
550213	City of Falls Church	City Government	\$6,588.00	\$0.00	\$6,588.00	\$6,588.00	\$0.00	\$6,588.00
549977	City of Franklin Fire and Rescue	City Government	\$29,890.00	\$0.00	\$29,890.00	\$29,890.00	\$0.00	\$29,890.00
549647	College of William and Mary	State University	\$29,970.00	\$0.00	\$29,970.00	\$29,970.00	\$0.00	\$29,970.00
549967	Colonial Heights, City	City Government	\$21,800.00	\$0.00	\$21,800.00	\$0.00	\$0.00	\$0.00
550353	Crater CIA	Other	\$25,728.00	\$0.00	\$25,728.00	\$0.00	\$0.00	\$0.00
550147	Crewe, Town	Town Government	\$26,226.00	\$0.00	\$26,226.00	\$23,676.00	\$0.00	\$23,676.00
549780	Culpeper, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
550178	Danville, City	City Government	\$29,848.00	\$0.00	\$29,848.00	\$29,848.00	\$0.00	\$29,848.00
549956	Dayton, Town	Town Government	\$6,067.00	\$0.00	\$6,067.00	\$0.00	\$0.00	\$0.00
550063	Department of Corrections	State Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
549496	Department of State Police	State Government	\$26,488.00	\$0.00	\$26,488.00	\$0.00	\$0.00	\$0.00
550365	Dickenson, County	County Government	\$19,065.00	\$0.00	\$19,065.00	\$19,065.00	\$0.00	\$19,065.00
550100	Emporia, City	City Government	\$21,800.00	\$0.00	\$21,800.00	\$15,000.00	\$0.00	\$15,000.00
550285	ESVA 9-1-1 Commission	Other	\$8,855.00	\$0.00	\$8,855.00	\$7,055.00	\$0.00	\$7,055.00
550321	Fairfax, County	County Government	\$2,700.00	\$0.00	\$2,700.00	\$0.00	\$0.00	\$0.00
550366	Farmville Volunteer Fire Department	Non-Profit Organization	\$11,399.00	\$0.00	\$11,399.00	\$11,399.00	\$0.00	\$11,399.00
549807	Farmville, Town	Town Government	\$6,729.00	\$0.00	\$6,729.00	\$6,729.00	\$0.00	\$6,729.00
550296	Franklin, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$14,020.00	\$0.00	\$14,020.00
549370	Fredericksburg, City	City Government	\$27,000.00	\$0.00	\$27,000.00	\$27,000.00	\$0.00	\$27,000.00
549773	Galax, City	City Government	\$28,944.00	\$0.00	\$28,944.00	\$0.00	\$0.00	\$0.00
550195	George Mason Univ	State University	\$21,800.00	\$0.00	\$21,800.00	\$0.00	\$0.00	\$0.00
549301	Grayson, County	County Government	\$24,740.00	\$0.00	\$24,740.00	\$0.00	\$0.00	\$0.00
549581	Greene, County	County Government	\$4,016.00	\$0.00	\$4,016.00	\$0.00	\$0.00	\$0.00

550099	Greene, County	County Government	\$8,865.00	\$0.00	\$8,865.00	\$8,865.00	\$0.00	\$8,865.00
549814	Harrisonburg, City	City Government	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
550345	Henry, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
549646	Herrdon, Town	Town Government	\$29,000.00	\$0.00	\$29,000.00	\$0.00	\$0.00	\$0.00
550354	Hopewell, City	City Government	\$22,236.00	\$0.00	\$22,236.00	\$21,800.00	\$0.00	\$21,800.00
550280	King & Queen, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$28,800.00	\$0.00	\$28,800.00
550166	King William, County	County Government	\$25,050.00	\$0.00	\$25,050.00	\$25,050.00	\$0.00	\$25,050.00
550109	Lexington, City	City Government	\$28,351.00	\$0.00	\$28,351.00	\$28,351.00	\$0.00	\$28,351.00
550294	Longwood University	State University	\$3,977.00	\$0.00	\$3,977.00	\$2,153.00	\$0.00	\$2,153.00
550015	Loudoun, County	County Government	\$29,000.00	\$0.00	\$29,000.00	\$0.00	\$0.00	\$0.00
550230	Lynchburg, City	City Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
549871	Manassas, City	City Government	\$29,998.00	\$0.00	\$29,998.00	\$29,998.00	\$0.00	\$29,998.00
549767	Mathews, County	County Government	\$20,736.00	\$0.00	\$20,736.00	\$0.00	\$0.00	\$0.00
550351	Meherrin River Regional Jail Auth.	County Government	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
549738	Metropolitan Washington Airports Authority	Other	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
550191	Middle Peninsula Regional Security Cntr	Other	\$29,632.00	\$0.00	\$29,632.00	\$29,632.00	\$0.00	\$29,632.00
550116	Middle River Regional Jail	County Government	\$29,970.00	\$0.00	\$29,970.00	\$29,970.00	\$0.00	\$29,970.00
549549	Mindful Junkie Outreach	Non-Profit Organization	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
550220	Montgomery, County	County Government	\$22,527.00	\$0.00	\$22,527.00	\$0.00	\$0.00	\$0.00
549909	New Kent, County	County Government	\$26,730.00	\$0.00	\$26,730.00	\$24,930.00	\$0.00	\$24,930.00
550301	New Market, Town	Town Government	\$6,067.00	\$0.00	\$6,067.00	\$0.00	\$0.00	\$0.00
549316	New River Valley Regional Jail Auth.	County Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
549878	Norfolk, City	City Government	\$27,986.00	\$0.00	\$27,986.00	\$27,986.00	\$0.00	\$27,986.00
549599	Ocean Park Volunteer Fire and Rescue Unit, Inc.	Non-Profit Organization	\$10,000.00	\$0.00	\$10,000.00	\$10,000.00	\$0.00	\$10,000.00
549366	Orange, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
550333	Orange, Town	Town Government	\$18,000.00	\$0.00	\$18,000.00	\$0.00	\$0.00	\$0.00
550090	Pamunkey Regional Jail	County Government	\$21,800.00	\$0.00	\$21,800.00	\$0.00	\$0.00	\$0.00
549418	Pennington Gap, Town	Town Government	\$21,928.00	\$0.00	\$21,928.00	\$9,998.00	\$0.00	\$9,998.00
549969	Petersburg, City	City Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
550194	Petersburg, City	City Government	\$21,800.00	\$0.00	\$21,800.00	\$21,800.00	\$0.00	\$21,800.00
550222	Petersburg, City	City Government	\$21,800.00	\$0.00	\$21,800.00	\$0.00	\$0.00	\$0.00
549728	Pocahontas, Town	Town Government	\$4,500.00	\$0.00	\$4,500.00	\$0.00	\$0.00	\$0.00
550278	Powhatan, County	County Government	\$22,236.00	\$0.00	\$22,236.00	\$21,800.00	\$0.00	\$21,800.00
549658	Prince William, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$23,000.00	\$0.00	\$23,000.00
550308	Pulaski, Town	Town Government	\$2,766.00	\$0.00	\$2,766.00	\$0.00	\$0.00	\$0.00
550253	Radford, City	City Government	\$26,178.00	\$0.00	\$26,178.00	\$26,178.00	\$0.00	\$26,178.00
549650	Richard Bland College	State University	\$23,314.00	\$0.00	\$23,314.00	\$23,314.00	\$0.00	\$23,314.00
549606	Richlands, Town	Town Government	\$11,000.00	\$0.00	\$11,000.00	\$0.00	\$0.00	\$0.00
549293	Richmond, City	City Government	\$27,149.00	\$0.00	\$27,149.00	\$27,149.00	\$0.00	\$27,149.00
550279	Roanoke, City	City Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
549493	Roanoke, County	County Government	\$11,753.00	\$0.00	\$11,753.00	\$5,831.00	\$0.00	\$5,831.00
549679	Roanoke, County	County Government	\$4,593.00	\$0.00	\$4,593.00	\$4,593.00	\$0.00	\$4,593.00
550208	Rockbridge, County	County Government	\$26,750.00	\$0.00	\$26,750.00	\$0.00	\$0.00	\$0.00
550138	Salem, City	City Government	\$20,000.00	\$0.00	\$20,000.00	\$9,481.00	\$0.00	\$9,481.00
549387	Shenandoah, County	County Government	\$5,398.00	\$0.00	\$5,398.00	\$0.00	\$0.00	\$0.00

549412	Shenandoah, Town	Town Government	\$3,574.00	\$0.00	\$3,574.00	\$1,670.00	\$0.00	\$1,670.00
550221	Shield Chaplaincy	Non-Profit Organization	\$30,000.00	\$0.00	\$30,000.00	\$13,744.00	\$0.00	\$13,744.00
550140	Skyline Regional CJA	Other	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
549904	Smyth, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
549945	South Hill, Town	Town Government	\$16,450.00	\$0.00	\$16,450.00	\$16,450.00	\$0.00	\$16,450.00
549423	Southampton, County	County Government	\$6,406.00	\$0.00	\$6,406.00	\$6,406.00	\$0.00	\$6,406.00
550062	Southwest Academy Training Foundation	Non-Profit Organization	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
549808	St. Luke Legacy Center Foundation, Inc.	Non-Profit Organization	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
550227	Staunton, City	City Government	\$8,499.00	\$0.00	\$8,499.00	\$8,499.00	\$0.00	\$8,499.00
549442	Strasburg, Town	Town Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
550260	Suffolk, City	City Government	\$24,000.00	\$0.00	\$24,000.00	\$0.00	\$0.00	\$0.00
550172	Sussex, County	County Government	\$21,800.00	\$0.00	\$21,800.00	\$0.00	\$0.00	\$0.00
549836	Tappahannock, Town	Town Government	\$12,320.00	\$0.00	\$12,320.00	\$0.00	\$0.00	\$0.00
550085	Tazewell, County	County Government	\$18,988.00	\$0.00	\$18,988.00	\$18,988.00	\$0.00	\$18,988.00
549299	Tazewell, Town	Town Government	\$19,963.00	\$0.00	\$19,963.00	\$19,963.00	\$0.00	\$19,963.00
550378	The Hiraeth Foundation	Non-Profit Organization	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
549900	Timberville, Town	Town Government	\$11,700.00	\$0.00	\$11,700.00	\$11,700.00	\$0.00	\$11,700.00
550281	Valhalla's Mission Force	Non-Profit Organization	\$29,755.00	\$0.00	\$29,755.00	\$0.00	\$0.00	\$0.00
549377	Vienna, Town	Town Government	\$22,600.00	\$0.00	\$22,600.00	\$17,600.00	\$0.00	\$17,600.00
549929	Vinton, Town	Town Government	\$29,110.00	\$0.00	\$29,110.00	\$10,864.00	\$0.00	\$10,864.00
549898	Virginia Beach, City	City Government	\$14,884.00	\$0.00	\$14,884.00	\$14,884.00	\$0.00	\$14,884.00
549908	Virginia Beach, City	City Government	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
549960	Virginia Beach, City	City Government	\$30,000.00	\$0.00	\$30,000.00	\$0.00	\$0.00	\$0.00
550119	Virginia Law Enforcement Assistance Program	Non-Profit Organization	\$29,700.00	\$0.00	\$29,700.00	\$29,700.00	\$0.00	\$29,700.00
550129	Virginia Peer Support Association	Non-Profit Organization	\$29,216.00	\$0.00	\$29,216.00	\$29,216.00	\$0.00	\$29,216.00
549812	Warren, County	County Government	\$29,540.00	\$0.00	\$29,540.00	\$25,940.00	\$0.00	\$25,940.00
550242	Warsaw, Town	Town Government	\$27,940.00	\$0.00	\$27,940.00	\$11,000.00	\$0.00	\$11,000.00
549614	Washington, County	County Government	\$25,590.00	\$0.00	\$25,590.00	\$10,270.00	\$0.00	\$10,270.00
550078	Waynesboro, City	City Government	\$29,645.00	\$0.00	\$29,645.00	\$29,645.00	\$0.00	\$29,645.00
550364	Weber City, Town	Town Government	\$30,000.00	\$0.00	\$30,000.00	\$14,000.00	\$0.00	\$14,000.00
549397	Western Tidewater City Regional Jail	City Government	\$29,911.00	\$0.00	\$29,911.00	\$0.00	\$0.00	\$0.00
549944	Western Virginia Regional Jail Authority	County Government	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
550162	Westmoreland, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$4,400.00	\$0.00	\$4,400.00
550312	Westmoreland, County	County Government	\$5,497.00	\$0.00	\$5,497.00	\$0.00	\$0.00	\$0.00
549992	Williamsburg, City	City Government	\$29,795.00	\$0.00	\$29,795.00	\$29,795.00	\$0.00	\$29,795.00
549555	Winchester, City	City Government	\$29,990.00	\$0.00	\$29,990.00	\$29,990.00	\$0.00	\$29,990.00
549532	Wise, County	County Government	\$27,584.00	\$0.00	\$27,584.00	\$27,584.00	\$0.00	\$27,584.00
549849	Wythe, County	County Government	\$30,000.00	\$0.00	\$30,000.00	\$30,000.00	\$0.00	\$30,000.00
550052	Wythe, County	County Government	\$11,400.00	\$0.00	\$11,400.00	\$11,400.00	\$0.00	\$11,400.00

Grant Program Total:

\$2,765,040.00 \$0.00 \$2,765,040.00 \$1,588,597.00 \$0.00 \$1,588,597.00

# OFRW -- Grants Committee Recommendations (Summary Report)

## Office of First Responder Wellness Grant Program

24-Apr-2025

Application Number	Grant Program	Applicant	Organization Type	Type of Application	Requested Funding	Recommended Funding	Application Criteria	Grant Project Description
550136	Office of First Responder Wellness	Abingdon, Town	Town Government	New	\$11,000.00	\$11,000.00	Meets criteria	The Abingdon Police Department is seeking funding to purchase a commercial-grade massage chair to improve officer wellness. Law enforcement is a physically and mentally demanding profession, exposing officers to high stress, physical strain, and mental fatigue. This chair will be a dedicated resource for stress relief, muscle recovery, and overall relaxation, helping to mitigate the physical and emotional toll of the job. Placed in a quiet, designated space within the department, this chair will be available before and after shifts to support officer well-being. By reducing stress, improving circulation, and promoting relaxation, the initiative aims to strengthen officer resilience, improve job performance, and support long-term health.
549892	Office of First Responder Wellness	Alexandria, City	City Government	New	\$30,000.00	\$0.00	Does not meet criteria	The Alexandria Police Department seeks to pilot a multi-pronged wellness initiative addressing both mental and physical health. This program will provide officers with access to clinical psychological services and partner with a fitness and wellness instructor to enhance physical well-being. Additionally, grant funds will strengthen peer support through specialized training. These initiatives will serve as a pilot for a long-term, sustainable wellness program, with pre- and post-research conducted by staff to establish a framework for future implementation. Findings will help refine strategies, ensuring lasting impact and continued investment in first responder wellness.
549273	Office of First Responder Wellness	Amelia, County	County Government	New	\$29,072.00	\$8,072.00	Meets criteria at reduced level	Amelia County is seeking funds to support our new therapy dog program, officer wellness program and peer support program.
549657	Office of First Responder Wellness	Arlington Co. Police Department	County Government	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	The purpose of this proposal is to bring the Vermont Center for Responder Wellness (VCRW) Acute Stress Adaptive Protocol (ASAP) to Arlington County's four public safety agencies by providing training for the Peer Support Teams (PST) in this unique form of critical incident debriefing that eliminates the process of re-traumatization by retelling one's story out loud, which adds the critical benefit of maintaining confidentiality in a group setting. We hope to implement ASAP as our primary critical incident debrief model throughout all public safety agencies, to continue reducing stigma around help-seeking behavior and shield participants from the aversion risk of potentially losing legal confidentiality by sharing specific incident details.
550021	Office of First Responder Wellness	Augusta, County	County Government	New	\$29,128.00	\$29,128.00	Meets criteria with conditions	The role of a Deputy Sheriff is physically demanding and mentally exhausting, requiring peak fitness, endurance, and resilience to serve and protect the community effectively. First responders are regularly exposed to high-stress situations, trauma, and physically strenuous activities that can lead to injuries, burnout, and mental fatigue. This request seeks funding to purchase a massage chair, mats, a dry sauna, and a polar immersion tub to add to existing equipment. This comprehensive wellness solution will help reduce stress, enhance recovery, and improve overall performance. These resources will support recovery, mental relaxation, injury prevention, and ultimately increase our deputies' longevity, effectiveness, and overall well-being.
549860	Office of First Responder Wellness	Borietourt, County	County Government	New	\$19,141.00	\$19,141.00	Meets criteria with conditions	The intent of this grant request is to reinforce and institute new measures to support our over 200 career and volunteer first responders' health and wellness. To do so, our Health & Wellness workgroup established three priorities: 1) increase the level of peer support available in-house for both mental and physical fitness, by credentialing additional personnel, 2) institute better options for physical well-being beyond that of gym equipment, 3) provide more readily available emotional support with the implementation of a facility dog program. The workgroup and leadership feel that this three-pronged approach over the next year could significantly impact personnel with a stronger support system for physical and mental wellbeing.
549277	Office of First Responder Wellness	Broadway, Town	Town Government	New	\$10,525.00	\$0.00	Does not meet criteria	The Broadway Police Department serves a community of roughly 4,500 residents in Rockingham County. The department is composed of 6 full time officers and we strive to ensure our officers wellness is top priority to be able to serve our community to the best standards. The wellness items we are looking to obtain will help officers to monitor their health and well being at their fingertips and help to keep them feeling well and revived while completing their daily duties at work.

549380	Office of First Responder Wellness	Buena Vista, City	City Government	New	\$11,500.00	\$0.00	Does not meet criteria	This project will provide desperately needed critical incident stress management services, education, and training to public safety employees including police, fire, rescue, and emergency dispatchers. The program will follow best practices and researched based guidelines for the formation, training, and deployment of a fully functioning CISM team that will lead to full team accreditation through the Virginia Department of Health. Services and education provided will be directly related to the mitigation and management of critical incident trauma and stress exposure as well as promotion of organizational and individual resilience through mental health training by certified and/or licensed professional counselors and peer trainers.
550026	Office of First Responder Wellness	Cardinal CIA	Other	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	Wellness and resiliency in law enforcement organizations are vital components of overall fitness to ensure our criminal justice professionals thrive during their careers and post retirement. Many people enter a career in law enforcement unaware of the physical and emotional toll the profession may produce. Cardinal Criminal Justice Academy has a vendor who is willing to hold two in person sessions with 50 students in each for \$30,000. In addition each student would receive a seat in three additional on line courses that are designed to compliment the face-to face courses. Hosting these courses would be extremely beneficial to members of Cardinal Criminal Justice Academy.
550054	Office of First Responder Wellness	Center for Police Leadership & Ethics International	Non-Profit Organization	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	Health and wellness must be one of the most important goals of every leader, every employee in our agencies. Officers experience a tremendous amount of stress. They experience the world in very different ways than the rest of society. The potential of physical harm is real. Yet, the potential of emotional and mental trauma may be much worse. We must do better in understanding the nature of mental health, the warning signs, and strategies to address these challenges. We must do better in educating our officers to be proactive about their physical and mental health. Titled the Health, Wellness, and Resiliency of Our Employees, we will present two of these two-day classes to 100 members of the public safety community throughout Virginia.
549507	Office of First Responder Wellness	Central Shenandoah CIA	Other	New	\$24,975.00	\$24,975.00	Meets criteria with conditions	The Central Shenandoah Criminal Justice Training Academy (Academy) is seeking a grant to support First Responder Wellness Training for First Responders.
550359	Office of First Responder Wellness	Charles City, County	County Government	New	\$21,800.00	\$0.00	Does not meet criteria	Charles City Sheriff's Office seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
550350	Office of First Responder Wellness	Charlottesville-UVa-Albemarle County Emergency Communications Center	County Government	New	\$29,645.00	\$0.00	Does not meet criteria	Life Scan Wellness Group is a first-responder centric organization providing detailed and comprehensive physicals that prescreen for many diseases, identify potential health risks, and provide early detection for heart disease, strokes, and cancers. They are also able to offer comprehensive, tailor-made, wellness plans to promote long-term health. They utilize physical screenings coupled with extensive laboratory blood profiles as well as diet and nutritional analysis. Their team is also able to address the unique stressors associated with public safety, such as lack of sleep, stress, and dehydration.
549826	Office of First Responder Wellness	Chesterfield, County	County Government	New	\$27,908.00	\$27,908.00	Meets criteria with conditions	This proposal seeks funding to enhance mental health and crisis intervention capabilities within the Chesterfield County Police Department (CCPD) and opportunities for its regional, state and federal partner agencies to participate.
550246	Office of First Responder Wellness	Chincoteague, Town	Town Government	New	\$23,746.00	\$23,746.00	Meets criteria with conditions	The Chincoteague Police Department seeks funding to purchase massage chairs to support officer wellness and mental health. Law enforcement officers experience high levels of stress, physical strain, and mental fatigue due to the demanding nature of their work. Providing access to massage chairs will help reduce stress, alleviate muscle tension, and promote overall well-being, ultimately improving job performance and retention. This initiative aligns with efforts to enhance officer resilience, ensuring they are physically and mentally prepared to serve the community effectively.

550213	Office of First Responder Wellness	City of Falls Church	City Government	New	\$6,588.00	\$6,588.00	Meets criteria with conditions	This project aims to enhance the safety and well-being of our law enforcement officers by attending two specialized wellness conferences. The IACP Officer Safety and Wellness Conference provides a holistic approach to officer wellness, while the First Responder Mental Health and Wellness Conference focuses on specific challenges such as PTSD, depression, and stress. By participating in both, selected officers will acquire essential knowledge and skills to improve their mental and physical health, job performance, and community relations. This initiative will equip our department with evidence-based strategies to promote a culture of wellness and support the long-term health of our officers.
549977	Office of First Responder Wellness	City of Franklin Fire and Rescue	City Government	New	\$29,890.00	\$29,890.00	Meets criteria with conditions	Our goal with this project is to build our Peer Support Team, make resources available to them, and to create an environment within the Department that says wellness and physical health matters. We're looking to send our current Peer Support to receive more training and to certify three additional members to be a part of the team. Through the wellness side is to create an environment within our stations that make emotional and mental health important, both through certifying two staff members to be a First Responder Yoga instructor, to a relaxation area, to creating times during our recruit academy that plants the seeds to wellness by both therapeutic exercise and activities. We hope to not just help the first responder, but their family.
549647	Office of First Responder Wellness	College of William and Mary	State University	New	\$29,970.00	\$29,970.00	Meets criteria with conditions	William & Mary Police Department is respectfully requesting funding to provide our department with a current holistic wellness program. We are requesting funds to assist with supplies and equipment for our future facility dog, therapeutic horseback riding, as well as additional programming to educate and enhance knowledge and awareness for our employees physical, mental, emotional, social, spiritual, financial, and environmental health.
549667	Office of First Responder Wellness	Colonial Heights, City	City Government	New	\$21,800.00	\$0.00	Does not meet criteria	The Colonial Heights Police Department seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an Office of Emergency Medical Services (OEMS) certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
550353	Office of First Responder Wellness	Crater CIA	Other	New	\$25,728.00	\$0.00	Does not meet criteria	Crater Criminal Justice Training Academy seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
550147	Office of First Responder Wellness	Crewe, Town	Town Government	New	\$26,226.00	\$23,676.00	Meets criteria at reduced level	The Resilient Responder Wellness Initiative integrates evidence-based resilience training with whole health monitoring to support officer well-being in our understaffed rural police dept. Funds will be used for the initiative's 2 components: development of AI-generated Resilient Responder training videos based on programming similar to Stress First Aid developed & piloted by DBHDS; & provide essential wellness supplies & personal health monitoring tools. This comprehensive whole health approach addresses both psychological & physical wellness needs, aiming to reduce burnout, improve recovery, & enhance department retention through accessible, sustainable wellness resources, such as massage chairs, Aura rings, body composition scans & NOOM.
549780	Office of First Responder Wellness	Culpeper, County	County Government	New	\$30,000.00	\$0.00	Does not meet criteria	The Culpeper County Sheriff's Office is in the process of establishing its first Peer Support Team. If awarded, these funds will help to provide necessary training and start-up costs to establish both wellness and peer support programs in Culpeper County.
550178	Office of First Responder Wellness	Danville, City	City Government	New	\$29,848.00	\$29,848.00	Meets criteria	Our department is committed to the mental, emotional, and physical well-being of our employees. Over the past three years, our agency has faced traumatic incidents, including officers being shot at and returning fire. Most recently, in 2025, an officer was shot four times but survived and is now in rehabilitation. These incidents have deeply impacted our personnel and community. While we have utilized available wellness resources, the increasing mental health challenges in law enforcement require a proactive approach. With these funds we will implement AI-supported wellness solutions, providing confidential, real-time mental health support tailored for our first responders and support staff.



549956	Office of First Responder Wellness	Dayton, Town	Town Government	New	\$6,067.00	\$0.00	Does not meet criteria	The department will utilize grant funds to purchase Garmin smart watches that will aid in monitoring health, improve safety, and overall well-being. Garmin has an app that officers will download to their phones to track a wide range of health functions to include but not limited to: Heart rate monitoring, ECG to track irregular heart issues, pulse ox monitoring, sleep quality, stress tracking, respiration tracking, hydration tracking, and all of this produces a report that provides officers feedback and ways to improve any issues found.
550063	Office of First Responder Wellness	Department of Corrections	State Government	New	\$30,000.00	\$0.00	Does not meet criteria	To better support the well-being of its correctional officers, the Virginia Department of Corrections (VADOC) is proposing a targeted initiative to provide enhanced wellness resources designed to address the mental and emotional health challenges faced by these frontline public safety professionals. If approved, this project will pilot the GUIDE mobile application, a specialized wellness resource developed specifically for first responders, including correctional officers.
549496	Office of First Responder Wellness	Department of State Police	State Government	New	\$26,488.00	\$0.00	Does not meet criteria	First responders operate in high-stress environments that frequently expose them to trauma, life-threatening situations, and prolonged emotional strain. Over time, these experiences can lead to nervous system dysregulation, contributing to anxiety, PTSD, difficulty with emotional regulation, and impaired social engagement. To support the well-being and resilience of first responders, VSP is seeking funding to implement the Safe and Sound Protocol (SSP) within our counseling and peer support services. This project will provide first responders with a scientifically-backed, non-invasive intervention to regulate their nervous systems and enhance emotional resilience.
550365	Office of First Responder Wellness	Dickenson, County	County Government	New	\$19,065.00	\$19,065.00	Meets criteria with conditions	Dickenson County Sheriff's Office is committed to enhancing the well-being of first responders by addressing their mental, emotional, and physical health. As part of this commitment, we are seeking funding from the Virginia Office of First Responder Wellness Grant Program to establish a dedicated wellness space within our facility and implement a comprehensive wellness support system.
550100	Office of First Responder Wellness	Emporia, City	City Government	New	\$21,800.00	\$15,000.00	Meets criteria at reduced level	The Emporia Police Department seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
550285	Office of First Responder Wellness	ESVA 9-1-1 Commission	Other	New	\$8,855.00	\$7,055.00	Meets criteria at reduced level	The Eastern Shore of Virginia 9-1-1 Center (ESVA 9-1-1) is a regional 9-1-1/dispatch center serving as the primary Public Safety Answering Point (PSAP) for Accomack County and Northampton County. This project (request for funds) hopes to achieve the following: A. Covering costs, allowing several of the 9-1-1 Center's staff to attend the Association of Public-Safety Communications Officials (APCO) 2026 Wellness Summit (expected to be in the second half of 2026, based on recent years). B. Covering costs, to provide a specialized chair for the dispatch center, focusing on massages and relaxing, to be used as needed by the Center's 9-1-1 Communications Officers (Dispatchers).
550321	Office of First Responder Wellness	Fairfax, County	County Government	New	\$2,700.00	\$0.00	Does not meet criteria	The Fairfax County Department of Public Safety Communications Peer Support Team aims to promote physical, mental, and emotional well-being within our 9-1-1 Telecommunications agency. Through offering resources, educational initiatives, and engaging activities, we strive to empower individuals to adopt and sustain an overall healthy lifestyle. This project prioritizes accessibility, inclusivity, and sustainability, ensuring each agency participant can benefit from a supportive environment that facilitates personal growth and overall wellness to include: * Quiet Room Furniture and Technology Enhancements * Establishment of Quiet Spaces Through Furniture Placement Throughout Our Facility.
550366	Office of First Responder Wellness	Farmville Volunteer Fire Department	Non-Profit Organization	New	\$11,399.00	\$11,399.00	Meets criteria with conditions	The Farmville Volunteer Fire Department is applying for the First Responder Wellness Grant to fund the purchase and installation of a SAUNADONES® Square Sauna. This six-person red cedar sauna will provide critical wellness support for our firefighters, aiding in detoxification, muscle recovery, and stress relief. Equipped with a Harvia ETL Certified Electric Stove and an added porch, this investment prioritizes the health and longevity of our members. On-site installation ensures proper setup, allowing immediate access to this essential wellness tool to enhance firefighter resilience and overall well-being.

549807	Office of First Responder Wellness	Farmville, Town	Town Government	New	\$6,729.00	\$6,729.00	Meets criteria with conditions	The First Responder Wellness Grant offers a vital opportunity to support the well being of our team at Farmville Emergency Communications Center. Our work's high stress and demands can contribute to burnout and mental health challenges. This grant would allow us to establish a dedicated de-stress room equipped with massage chairs and wellness tools, fostering relaxation and resilience. By prioritizing mental health, we aim to enhance job performance, morale, and overall well-being, ensuring our team remains prepared to serve the community effectively. This initiative will provide a much needed space for stress relief and support in our demanding profession.
550296	Office of First Responder Wellness	Franklin, County	County Government	New	\$30,000.00	\$14,020.00	Meets criteria at reduced level	The Franklin County Sheriff's Office seeks funding to enhance its first responder wellness program, focusing on mental, physical, and spiritual health. The project includes a cold plunge tank for stress relief and recovery, as well as training for staff in wellness techniques. Key training includes sending members to the DCJS First Responder Wellness Conference, supporting the law enforcement Chaplain with training for tailored mental health services, and certifying a Peer Support CSM leader. Additional funding will cover mileage for chaplains responding to traumatic calls, ensuring critical support for the agency's members.
549370	Office of First Responder Wellness	Fredericksburg, City	City Government	New	\$27,000.00	\$27,000.00	Meets criteria	The following equipment / supplies are requested to fulfill the needs outlined within this grant application: Two, 4D Massage Chairs with health detection capability, piano key massage. These chairs include: 4D+3D Mechanism, 8 Roller-Track Massage, 2 Heating Cores, Voice Control, Body Heat Therapy, 36 Air Cell Full Body Compression, 20 Auto Programs & 11 Massage Styles. These chairs will be housed in the main police department and in emergency communications.
549773	Office of First Responder Wellness	Galax, City	City Government	New	\$28,944.00	\$0.00	Does not meet criteria	This is a wellness program for the Galax Police Department including law enforcement officers and emergency communication officers dedicated to fostering overall wellness and empowering members to thrive both on and off duty. This program champions primary prevention, early intervention, response and recovery initiatives. In conjunction with the local hospital and fitness center, to build a healthier, more resilient law enforcement community and enhance the department's culture of well-being by focusing on four essential elements: physical, mental, emotional and occupational well-being. The 12 month program aims to provide the department with the mechanisms and resources to improve the overall wellness throughout the department.
550195	Office of First Responder Wellness	George Mason Univ	State University	New	\$21,800.00	\$0.00	Does not meet criteria	The George Mason Police Department seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
549301	Office of First Responder Wellness	Grayson, County	County Government	New	\$24,740.00	\$0.00	Does not meet criteria	Promote wellness and mental clarity for this demanding job. Engaging in meditation won't just improve health, it will also improve performance as a deputy sheriff.
549581	Office of First Responder Wellness	Greene, County	County Government	New	\$4,016.00	\$0.00	Does not meet criteria	Purchase of First Responder wellness to support the mental, emotional, and physical well-being for First Responders to promote overall health and wellness.
550099	Office of First Responder Wellness	Greene, County	County Government	New	\$8,865.00	\$8,865.00	Meets criteria with conditions	Greene County Emergency Medical Services (GCEMS) will purchase several pieces of equipment aimed to improve the health and wellness of the EMS providers. We intend to install red lights in the bunk rooms of the station house to enhance the sleep for these individuals who are on 24 hour shifts. We intend to purchase two massage chairs and a massage gun to boost the relaxation of the first-responders who see trauma daily. Improving the relaxation and sleep of these providers can help prevent mental illness, physical ailments, and burnout in GCEMS career providers.
549814	Office of First Responder Wellness	Harrisonburg, City	City Government	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	HPD is requesting: -Programming funding to host occasional wellness workshops, such as breathing techniques for stress relief, resilience training, or mindfulness sessions, and counseling sessions for the peer support team. Funding for supplies to outfit a relaxation room with a massage chair, recliners, sound machine, and yoga equipment. Funding for continued training of our facility dog and peer support team members. We are committed to fostering a comprehensive wellness program to prioritize officers' physical, mental, and emotional well-being. Through this 360 degree wellness initiative, HPD will strengthen officer wellness, enhance morale, and ensure officers have the resources to manage law enforcement challenges effectively.

550345	Office of First Responder Wellness	Henry, County	County Government	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	The Henry County Sheriff's Office (HCSO) is committed to first responder wellness and seeks to enhance its existing gym by adding contrast therapy (hot/cold therapy). Our facility already includes strength training and cardio equipment, but recovery resources are needed to help personnel manage physical strain, reduce injury risk, and improve mental resilience. Contrast therapy enhances circulation, reduces inflammation, and aids muscle recovery, ensuring peak performance. Funding from the DCIS First Responder Wellness Grant will allow us to implement this therapy, promoting long-term health, recovery, and readiness.
549646	Office of First Responder Wellness	Herrndon, Town	Town Government	New	\$29,000.00	\$0.00	Does not meet criteria	The Herrndon Police Department would like to provide a one-day workshop on three separate dates covering three critical areas of wellness that include nutrition, sleep science, and mental resilience training for all officers and other agency personnel. The three one-day workshops would facilitate each officer and other agency personnel to be scheduled for the training.
550354	Office of First Responder Wellness	Hopewell, City	City Government	New	\$22,236.00	\$21,800.00	Meets criteria at reduced level	The Hopewell Sheriff's Office seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
550280	Office of First Responder Wellness	King & Queen, County	County Government	New	\$30,000.00	\$28,800.00	Meets criteria at reduced level	The King & Queen County Sheriff's Office believes that health and wellness, both physical and mental, are key to a safe and productive office. We started a regional Critical Incident Stress Management team (CISM) known as the Middle Peninsula Northern Neck CISM team. This has been an enormous success for our region and beyond. We also believe that a holistic approach to physical and mental wellness is essential to a healthy and productive first responder. Our program is setting up programs that will effectively reduce the stress and health this profession has on the mind and body. We will set up a meditation pod and an infrared and red light sauna. This is to complement Exercise equipment and a program already in place.
550165	Office of First Responder Wellness	King William, County	County Government	New	\$25,050.00	\$25,050.00	Meets criteria with conditions	First responders face immense physical, emotional, and mental challenges due to the high-stress and traumatic nature of their work. Paws for Heroes is a dedicated therapy dog program designed to provide emotional support, stress relief, and wellness benefits to first responders, helping them manage the psychological and physical toll of their demanding roles. The Paws for Heroes initiative aims to: * Enhance mental well-being by reducing stress, anxiety, and PTSD symptoms through therapeutic canine interactions. * Increase focus and performance by helping first responders regulate emotions and manage on-the-job stress more effectively. * Support emotional resilience by providing first responders with a non-judgmental, comforting presence.
550109	Office of First Responder Wellness	Lexington, City	City Government	New	\$28,351.00	\$28,351.00	Meets criteria	The Lexington Police Department, in partnership with the Rockbridge Area Health Center (RAHC), is utilizing grant funding to implement a comprehensive fit-for-duty assessment program. This initiative ensures officers meet physical and mental health standards essential for job performance and well-being. Additionally, funds will support the purchase of a meditation pod, providing a dedicated space for stress management and mental wellness. This project aims to enhance officer readiness, resilience, and overall health, ultimately improving public safety and community engagement.
550294	Office of First Responder Wellness	Longwood University	State University	New	\$3,977.00	\$2,153.00	Meets criteria at reduced level	We are requesting funds to allow us to send two staff to attend the 1st Responder Conference being held in Atlantic City, NJ in September of this year as well as obtaining the Firstgvery program to increase department staff wellness.
550015	Office of First Responder Wellness	Loudoun, County	County Government	New	\$29,000.00	\$0.00	Does not meet criteria	Loudoun County Fire and Rescue is making a two-tier request to include sending system members to trainings as well as sponsoring a one- or two-day symposium in our locality for members in our region. 1. Hold a one- or two-day Peer Support Symposium in Loudoun County during this grant cycle. 2. Maximum attendee number =150 Approximate cost: \$10,000-15,000. A full one-to-two-day training session will be conducted to support and educate peer support personnel and first responders. This training would be open to all system members and our public safety regional partners. The format will include a main speaker (1.5-2-hour presentation each day) plus small break-out sessions (1-1.5 hour) to facilitate more in- depth discussion of materials presented by various speakers.

550230	Office of First Responder Wellness	Lynchburg, City	City Government	New	\$30,000.00	\$0.00	Does not meet criteria	The Lynchburg Police Department (LPD) is seeking funding to acquire Guide, a web-based and mobile application designed to provide on-demand peer support and mental health resources for all department personnel.
549871	Office of First Responder Wellness	Manassas, City	City Government	New	\$29,998.00	\$29,998.00	Meets criteria with conditions	This project will directly benefit the 135 sworn and civilian members of Manassas City Police Department and the 60 personnel of Manassas City Fire and Rescue Department, totaling approximately 195 first responders. These individuals routinely face high-stress, traumatic incidents, and physically demanding environments, making access to proactive wellness resources crucial for maintaining mental resilience, physical health, and job performance. Through this initiative, we aim to enhance mental health support, stress management, and physical recovery resources for those who serve and protect our community.
549767	Office of First Responder Wellness	Mathews, County	County Government	New	\$20,736.00	\$0.00	Does not meet criteria	This project seeks to fund an annual membership cost for every member of the Mathews County Sheriff's Office at our local Mathews County YMCA to encourage a more active, healthier lifestyle and to reduce stress.
550351	Office of First Responder Wellness	Meherin River Regional Jail Auth.	County Government	New	\$30,000.00	\$30,000.00	Meets criteria	Meherin River Regional Jail Authority wishes to establish an onsite wellness program which promotes positive changes in the physical and mental health, well-being, and quality of life for our jail officers. This will be accomplished by adding a massage chair and meditation pod that will be available to jail staff in a designated area/room within the jail.
549738	Office of First Responder Wellness	Metropolitan Washington Airports Authority	Other	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	Following the recent midair collision at Ronald Reagan Washington National Airport, Metropolitan Washington Airports Authority's Police and Fire personnel experienced significant stress and witnessed profound tragedy, which has taken both physical and emotional tolls on them. Strengthening wellness initiatives proposed in this grant opportunity should improve overall health, reduce burnout, and ensure first responders have the tools they need to thrive in their personal and professional lives.
550191	Office of First Responder Wellness	Middle Peninsula Regional Security Ctr	Other	New	\$29,632.00	\$29,632.00	Meets criteria with conditions	This project will provide crisis intervention training for several officers in order for them to assist their fellow officers in times of need. It will also promote wellness by providing monthly yoga and martial arts classes, a teambuilding workshop, and covering the cost of entry into a local fun-run. Finally, we will purchase a massage chair that will be accessible to the officers during and after their shifts to be used to reduce stress and promote relaxation.
550116	Office of First Responder Wellness	Middle River Regional Jail	County Government	New	\$29,970.00	\$29,970.00	Meets criteria	Middle River Regional Jail (MRRJ) requests grant funding in the amount of \$29,970 for the purpose of purchasing three (3) Luvaco Model 3 Hybrid SL Medical Massage Chairs. The massage chairs will enhance correctional officer wellness as general massage therapy is wonderful in alleviating muscle tension and providing overall great health benefits when used.
549549	Office of First Responder Wellness	Mindful Junkie Outreach	Non-Profit Organization	New	\$30,000.00	\$0.00	Does not meet criteria	This project supports the mental and emotional well-being of VA first responders by funding Tactical Brain Training®, a 4-hour skill-building course teaching practical tools for stress and trauma management, to be delivered across VA. Using science-backed lectures and interactive trauma-sensitive exercises, this proven approach trains the brain and body to respond to trauma. Participants learn to recognize stress states, identify triggers, and regulate their nervous system, using mindfulness interventions. The hands-on approach is culturally competent and helps responders develop, and walk away with a personalized stress management plan to reduce chronic stress, anxiety, PTSD & burnout.
550220	Office of First Responder Wellness	Montgomery, County	County Government	New	\$22,527.00	\$0.00	Does not meet criteria	The Montgomery County Sheriff's Office provides full-service law enforcement services to over 100,000 citizens encompassing two towns and Virginia Tech, along with the more rural area of the county. The Montgomery County Sheriff's Office consists of 138 sworn law enforcement officers and seven civilian employees who provide critical services to the citizens of our community. Law enforcement officers and staff are regularly exposed to critical situations that can have a vast impact on an individual's well-being. This project aims to provide essential infrastructure and support for the health and well-being of our staff.
549909	Office of First Responder Wellness	New Kent, County	County Government	New	\$26,730.00	\$24,930.00	Meets criteria at reduced level	The New Kent Sheriff's Office seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community. Therapy support canines have a proven track record to help reduce stress, anxiety and improve the moods of the people they interact with.

550301	Office of First Responder Wellness	New Market, Town	Town Government	New	\$6,067.00	\$0.00	Does not meet criteria	The funds will be allocated toward officer wellness initiatives. Requested funds will be used to purchase six smartwatches with health monitoring features to enhance situational awareness, track officers' health in stressful situations, and monitor daily physical activity and exercise.
549316	Office of First Responder Wellness	New River Valley Reg. Jail Auth.	County Government	New	\$30,000.00	\$0.00	Does not meet criteria	We are looking to fund a program that is in the 2nd phase with insill Mindfulness. This Program is titled Internal Situational Awareness Training (ISAT). This program is a 5 day program that teaches officer stress relief, focus, attention, mindfulness, and situational awareness not only surrounding but internal. We would also use funds to renovate and upgrade fitness room at the facility that officers utilize free of charge and has not been upgraded for many years. Funds would be utilized to purchase exercise equipment and renovation of the space.
549878	Office of First Responder Wellness	Norfolk, City	City Government	New	\$27,986.00	\$27,986.00	Meets criteria with conditions	The awarded funding will be utilized to purchase a massage chair for each of Norfolk Fire-Rescue's 14 Fire Stations. Placing the chairs in remote locations at the fire station will provide an area of serenity in addition to the listed benefits of muscle relief pain, stress reduction, improved sleep, enhanced recovery, improved circulation, along with a positive morale boost while on shift. Installing a chair at each fire station maximizes the benefit by providing access to the maximum number of NFR members.
549599	Office of First Responder Wellness	Ocean Park Volunteer Fire and Rescue Unit, Inc.	Non-Profit Organization	New	\$10,000.00	\$10,000.00	Meets criteria with conditions	The 2025 Ocean Park Volunteer Rescue Squad Provider Wellness Initiative seeks to improve the mental and physical health and wellbeing of our first responders. As part of the Provider Wellness Initiative, granted funds will be used to establish a trauma-informed space to offer a restorative environment for responders dealing with the emotional & psychological stress of their work. Additionally, granted funds will be used to improve existing mental and physical wellness programs at OPRAS.
549366	Office of First Responder Wellness	Orange, County	County Government	New	\$30,000.00	\$0.00	Does not meet criteria	The County of Orange First Responder Comprehensive Wellness program is designed to address the needs of first responders across all eight dimensions of wellness. Particular focus will be on enhancing first responder skills and wellbeing through training, programming, equipment, and fulfillment of requirements for Peer Support Program accreditation.
550333	Office of First Responder Wellness	Orange, Town	Town Government	New	\$18,000.00	\$0.00	Does not meet criteria	The Orange Police department needs to establish a First Responder Wellness Program because as first responders, we have encountered high stress situations and have not addressed the impact on our mental, emotional, and physical well-being. Fortunately, we have not experienced an officer-related suicide within our department, but we have seen the devastating impact on neighboring jurisdictions. Our goal is to be proactive by providing comprehensive training and wellness services that support the overall wellbeing of our staff. This program will also focus on physical fitness, financial well-being, and career development, especially for younger officers who are starting with us.
550090	Office of First Responder Wellness	Pamunkey Regional Jail	County Government	New	\$21,800.00	\$0.00	Does not meet criteria	The Pamunkey Regional Jail seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
549418	Office of First Responder Wellness	Pennington Gap, Town	Town Government	New	\$21,928.00	\$9,998.00	Meets criteria at reduced level	Elevate wellness and resilience of our first responders by incorporating crucial relaxation tools into their daily routine. This initiative will provide two premium massage chairs and two advanced HD televisions within the department's wellness area. These resources are aimed at reducing physical strain and providing mental relaxation through therapeutic massages and engaging, informative content. Expected outcomes include significant reduction in stress levels, decreased physical ailments, improved mental health, enhanced morale, and better overall job performance. Funding is sought to acquire and install these essential tools, thereby directly enhancing the well-being and effectiveness of our first responders in serving the community.
549669	Office of First Responder Wellness	Petersburg, City	City Government	New	\$30,000.00	\$0.00	Does not meet criteria	The Petersburg Bureau of Police is seeking funding from the Office of First Responder Wellness Grant Program - FY2026 to implement a wellness initiative focused on training, CPR certification, and a designated wellness room. This program will provide structured wellness education, stress management resources, and a space for relaxation and recovery to enhance officer well-being. Expert-led sessions on nutrition, mental health, physical fitness, & stress resilience will be held for day and night shift officers. CPR training equipment will ensure all personnel meet accreditation standards. The wellness room will include a hydration station, massage chairs, reclining sofa, noise-canceling headphones, and a calming environment to reduce stress.

550194	Office of First Responder Wellness	Petersburg, City	City Government	New	\$21,800.00	\$21,800.00	Meets criteria with conditions	The Petersburg Sheriff's Office seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
550222	Office of First Responder Wellness	Petersburg, City	City Government	New	\$21,800.00	\$0.00	Does not meet criteria	The Department of Petersburg Fire, Rescue, and Emergency Services seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
549728	Office of First Responder Wellness	Poehontas, Town	Town Government	New	\$4,500.00	\$0.00	Does not meet criteria	Purchase of a massage chair through wellness grant funds to help distress and relax officers prior to and after shifts. Will help relief tired aching joints and back pain from the weight of equipment and sitting in patrol vehicle during shifts.
550278	Office of First Responder Wellness	Powhatan, County	County Government	New	\$22,236.00	\$21,800.00	Meets criteria at reduced level	The Powhatan Sheriff's Office seeks funding to enhance the mental, emotional, and physical wellness of first responders serving our jurisdiction through implementation of a strategic wellness program in partnership with a Training and Certifying entity who is likewise certified through the office of OEMS. This program will include peer support training, wellness resources, and administrative support for sustainability in the service of addressing the unique stressors faced by our first responders. By investing in first responders' wellness, we aim to improve overall departmental health, reduce burnout, and enhance service to others.
549658	Office of First Responder Wellness	Prince William, County	County Government	New	\$30,000.00	\$23,000.00	Meets criteria at reduced level	The Prince William County Police Department Mindfulness and Meditation Wellness Program is designed to support the mental and emotional well-being of law enforcement officers and police department professional staff. By introducing mindfulness practices and creating sensory and meditation rooms at police stations, this helps officers manage stress, improve emotional regulation, and reduce burnout. Officers will participate in mindfulness workshops, guided meditations, and have access to calming resources. Sensory rooms will offer a dedicated space for de-escalation and regulation after traumatic or high-stress encounters. This initiative promotes long-term resilience, better job performance, and a culture of wellness in the department.
550308	Office of First Responder Wellness	Pulaski, Town	Town Government	New	\$2,766.00	\$0.00	Does not meet criteria	Pulaski Police Department is a small rural agency with 32 employees, 30 of whom are sworn. The population of the Town is largely made of those who live below the poverty level or close to it. This makes the tax base for the Town of Pulaski small and the absolute needs of equipment and training that must be met come before other types of training that can benefit the well being of our staff. We look to seek training for wellness for 2 of our sworn officers to bring information back for their peers and to assist with the overall wellbeing of the sworn personnel.
550253	Office of First Responder Wellness	Radford, City	City Government	New	\$26,178.00	\$26,178.00	Meets criteria with conditions	Radford City Police Department is seeking funding through this grant to support a project to further enhance the physical and mental wellness of its first responders. This agency has previously supported projects to enhance physical fitness as well as the development of a Peer Support team that became just the tenth police department in the state to become certified. The efforts of the personnel in Radford City PD's program were featured by IACP, Cops2Cops, and DOJ in a national publication. This project seeks to further the efforts of this program with an emphasis on employee wellness through the procurement of therapeutic equipment. Equipment requested seeks to focus on injury prevention, sleep regulation, and stress management.
549650	Office of First Responder Wellness	Richard Bland College	State University	New	\$23,314.00	\$23,314.00	Meets criteria with conditions	The mission of this project is supply equipment and a therapy dog to help enhance and support our police officer wellness.
549606	Office of First Responder Wellness	Richlands, Town	Town Government	New	\$11,000.00	\$0.00	Does not meet criteria	The Richlands Police Department has secured funding for the purchase of an emotional support canine from a reputable breeder/trainer. We hope to utilize grant funds to train the canine and handler, as well as provide funding for the purchase of essential supporting equipment and cost of operations for the canine team.

549293	Office of First Responder Wellness	Richmond, City	City Government	New	\$27,149.00	\$27,149.00	Meets criteria with conditions	The Richmond Police Department is seeking funding to implement a multi-layered approach to support the mental, emotional, and physical well-being of the Department's first responders. The purpose of this project is to provide learning opportunities and enhance wellness program objectives by continuing to cultivate an emotionally resilient culture while prioritizing overall wellness. Providing staff with continuous learning experiences (e.g., training, conferences, and a wellness coach) will help officers continue to navigate complex situations in a dynamic and ever-evolving environment. Having access to therapeutic wellness equipment will provide mental and physical support and improve overall job performance.
550279	Office of First Responder Wellness	Roanoke, City	City Government	New	\$30,000.00	\$0.00	Does not meet criteria	The Roanoke Police Wellness Program will be a continuation of efforts to care for Roanoke Police Officers. The Roanoke Police Department recognizes that the stressors and trauma associated with being Law Enforcement Officers can severely impact the quality of life of our First Responders. This grant will further expand the Roanoke Police Departments ability to provide wellness programs to our Officers. This will enhance efforts and initiatives to provide support services for our Officers to enhance resiliency, mental and physical well-being.
549493	Office of First Responder Wellness	Roanoke, County	County Government	New	\$11,753.00	\$5,831.00	Meets criteria at reduced level	We are seeking grant funding to enhance the daily delivery of law enforcement services to its citizens. We seek the funding to provide support costs to Roanoke County Police Department's Life Coach to support his efforts to improve and maintain the overall wellness of our officers. We seek funding to assist with maintenance, certifications, mutual aid requests, veterinary services, food, hygiene expenses, and other services the Life Coach incurs with his service/support, K 9 (Scarlett). We also seek funding to obtain vouchers for officers to participate in wellness sessions in the form of sensory deprivation pod sessions. These sensory deprivation pods have been proven to reduce stress, therefore, improving wellness.
549679	Office of First Responder Wellness	Roanoke, County	County Government	New	\$4,593.00	\$4,593.00	Meets criteria	Roanoke County Sheriff's Office is an agency dedicated to serving its community, as well as its staff. RCSD is requesting funding to create a trauma informed therapy/support dog program, both in house and for external first responder partner programming with our community's EMS and fire personnel. Our deputies often face critical incidents, uses of force, and heightened workplace stressors. Chronic adrenaline exposure leaves deputies with long term workplace stressors requiring building resilience tools, coping skill development, and critical incident stress debriefing. These requested funds would go towards development of a therapy/support dog program and accompanying department mental health/wellness initiatives and trainings.
550208	Office of First Responder Wellness	Rockbridge, County	County Government	New	\$26,750.00	\$0.00	Does not meet criteria	Rockbridge Regional Jail understands the immense need for wellness health amongst Correctional Officers. It is imperative to provide wellness tools to assist in managing stress, fatigue and mental health. We will be requesting funding for staff to receive support training, tools for mental health and providing training for peer support members certification. Also, requesting the opportunity to attend a conference that partners with leaders in public safety that share their personnel expertise in the public safety field through demonstration of resolving challenges that are encountered daily. Lastly, in the promotion of physical health, O2X Human Performance provides customized educating and training, through a holistic approach.
550138	Office of First Responder Wellness	Salem, City	City Government	New	\$20,000.00	\$9,481.00	Meets criteria at reduced level	The Salem Police Department is requesting funds from the Officer Wellness Grant to enhance & expand its current Wellness Program. SPO intends to use the funds from this grant for the following: to send a member of the Peer Support Team to training to become an instructor in Peer Para Counseling & Critical Incident Stress Management & to obtain a Certification in Critical Incident Stress Management; to create a Peer Support library at the PD; to send 5 representatives of the PD to the DCIS Wellness Conference; to purchase one sensory deprivation session & one massage session per sworn officer; to hire a financial advisor to provide financial training for all sworn officers; & to provide entire Peer Support Team with CISM Memberships.
549387	Office of First Responder Wellness	Shenandoah, County	County Government	New	\$5,398.00	\$0.00	Does not meet criteria	App Cost: Our dispatcher center currently has access to a wellness app called Cordico. It offers 24/7 wellness resources in times of crisis. It provides confidential self-assessments, videos and articles, peer support, chaplains and therapists. Yearly subscription for this app. Also requesting a message chair to help in stressful situations and de-escalating high stress calls. Given the increase of mental wellness a dispatcher can step out of their environment and allow a mental health break and relax before having to go back into the center. Providing solutions for mental wellness for dispatchers is essential to law enforcement as a whole. We all work closely in this field.

549412	Office of First Responder Wellness	Shenandoah, Town	Town Government	New	\$3,574.00	\$1,670.00	Meets criteria at reduced level	If funds are approved The Shenandoah Police Department will use the funds to purchase items to implement a destress area within the police department to assist officers with an area to decompress during the normal working shift. The area will also assist the officers with an area to relax, decompress after dealing with a stressful call for service. The department consists of 4 officers over 40 and 3 under 40. I have taken a poll and the results provided guided me to request the following items that will suit their needs. The over 40 officers requested a sitting area and a TV, the under 40 officers requested a gaming area so they could decompress. Without this grant, the department would not be able to provide this area to decompress.
550221	Office of First Responder Wellness	Shield Chaplaincy	Non-Profit Organization	New	\$30,000.00	\$13,744.00	Meets criteria at reduced level	SHIELD Chaplaincy provides peer support training and responds to provide peer support/wellness services to the following: -Weekly Wellness Podcast for Law Enforcement; -Critical Incident Stress Management Scene Response; -Critical Incident Stress Debriefings; -Individual Peer/Wellness Counseling.
550140	Office of First Responder Wellness	Skyline Regional CIA	Other	New	\$30,000.00	\$30,000.00	Meets criteria	The wellness and resiliency of our first responders must be one of the most important goals of a law enforcement leader. This component is vital as first responders advance in their careers. Due to the potential and often inevitable mental and emotional trauma we must provide be proactive care. That proactive care can be met by providing programs and education. Health, wellness, and resiliency of our employees is a two day presentation accompanied by three online courses that will be utilized by the academy to meet that need.
549904	Office of First Responder Wellness	Smyth, County	County Government	New	\$30,000.00	\$30,000.00	Meets criteria	SCSO will use the funds provided to purchase massage chairs and an inhouse sauna purchase and train an emotional support dog, and hold multiple officer wellness trainings directed by a member of YALEAP.
549945	Office of First Responder Wellness	South Hill, Town	Town Government	New	\$16,450.00	\$16,450.00	Meets criteria with conditions	We are requesting funding to purchase two massage chairs and smartwatches for officers to enhance their physical and mental wellness. The massage chairs will provide officers with a means to relax, reduce stress, and alleviate physical tension, promoting recovery during breaks. The smartwatches will enable officers to track key health metrics, including heart rate, steps, and sleep, helping to proactively monitor and maintain their well-being. Over the grant year, we will implement these tools into daily routines, regularly review health data, encourage feedback from officers, and assess their impact on overall health, performance, and job satisfaction.
549423	Office of First Responder Wellness	Southampton, County	County Government	New	\$6,406.00	\$6,406.00	Meets criteria with conditions	The funding being requested in this grant will be used to support 4 of our wellness unit deputies to attend an officer safety and wellness conference that is put on by the International Association of Chiefs of Police. This training opportunity can continue to educate the men and woman of the Southampton County Sheriff's Office wellness unit so they can better serve the Agency.
550062	Office of First Responder Wellness	Southwest Academy Training Foundation	Non-Profit Organization	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	The Southwest Academy Training Foundation seeks funding to enhance the mental, emotional, financial and physical wellness of the first responders working in Southwest Virginia. The foundation will partner with the Southwest Virginia Criminal Justice Training Academy and Law Enforcement Seminars, LLC, to deliver two training classes on Public Safety Wellness. Each twelve-hour class will be delivered by L.E. Seminars to up to 45 attendees per class for a total of 90 officers. Participants will gain increased awareness and tools to improve their mental, physical, and financial health and to support their career longevity and productivity. The academy staff will take the principles taught and apply in their entry level basic school curriculum.
549808	Office of First Responder Wellness	St. Luke Legacy Center Foundation, Inc.	Non-Profit Organization	New	\$30,000.00	\$0.00	Does not meet criteria	The Shield of Wellness Initiative, created by St. Luke Legacy Center and A New Legacy Family Services, supports the mental and physical well-being of Virginia's first responders. It offers two main components: quarterly Shield of Wellness Retreats, which provide holistic services like massage, acupuncture, counseling, yoga, and sound healing, and the Shield of Wellness Community, an online platform offering 24/7 access to wellness resources, peer support, and educational content. This initiative addresses stress and trauma in first responders, aiming to promote resilience, reduce stigma, and provide ongoing support for mental wellness.
550227	Office of First Responder Wellness	Staunton, City	City Government	New	\$8,499.00	\$8,499.00	Meets criteria with conditions	The Staunton Police Department seeks funding to purchase a massage chair to support the physical and mental well-being of our officers and dispatchers. Law enforcement professionals experience high levels of stress, leading to fatigue, muscle tension, and burnout. A massage chair will provide an accessible, effective tool for stress relief, promoting relaxation, reducing pain, and enhancing overall wellness. By investing in this resource, we aim to improve morale, resilience, and job performance, ultimately benefiting both department personnel and the community they serve.



549442	Office of First Responder Wellness	Strasburg, Town	Town Government	New	\$30,000.00	\$0.00	Does not meet criteria	Project Name: Plunge Inc. Health and Wellness Equipment. Project Objective: To acquire, install, and use a high quality contrast therapy bundle manufactured by Plunge, Inc., designed to enhance and complement our existing physical fitness equipment by providing better sleep, stress reduction, pain relief for sore muscles, improved cardiovascular health, elevated energy, and many other documented health benefits.
550260	Office of First Responder Wellness	Suffolk, City	City Government	New	\$24,000.00	\$0.00	Does not meet criteria	The Suffolk Police Department is seeking funding to purchase a one-year subscription of the Cordio Wellness mobile App provided by Lexipol. With this App, current and retired employees and their families will have access to customized and confidential wellness resources such as counseling services, fitness and nutrition resources, to name a few. With the ever increasing need to recognize the mental and physical health of the law enforcement community, all while maintaining anonymity, this App enables the Department to provide personalized care and deliver a robust wellness culture foundation. The Department intends for its soon to be hired Wellness Coordinator to be responsible for maintaining the functions and content of the App.
550172	Office of First Responder Wellness	Sussex, County	County Government	New	\$21,800.00	\$0.00	Does not meet criteria	The Sussex County Sheriff's Department seeks funding to enhance the mental, emotional, and physical wellness of our first responders through a comprehensive wellness program in partnership with an OEMS-certified training entity. This program will provide peer support training, wellness resources, and administrative support to address the unique stressors faced by our first responders and ensure long-term sustainability. By investing in first responder wellness, we aim to improve departmental health, reduce burnout, and enhance our service to the community.
549836	Office of First Responder Wellness	Tappahannock, Town	Town Government	New	\$12,320.00	\$0.00	Does not meet criteria	The funds will be used to promote and establish an initiative that will be a comprehensive health and wellness program designed to support the physical and mental well-being of police officers. Recognizing the high-stress nature of law enforcement, this project will provide officers with access to therapeutic sessions, nutrition training, and guided stretching sessions to improve their overall health, reduce stress, and enhance job performance.
550085	Office of First Responder Wellness	Tazewell, County	County Government	New	\$18,988.00	\$18,988.00	Meets criteria with conditions	The Tazewell County Sheriff's Office seeks funding to establish a dedicated decompression room for employees and extend an existing fence to create a secure, grassy area where our support dog can exercise, play, and alleviate stress, enhancing his well-being and effectiveness in supporting our staff. A decompression room provides a dedicated space for individuals to unwind, recalibrate, and manage stress effectively. In high-stress environments such as law enforcement, constant pressure can lead to burnout, anxiety, and decreased productivity.
549299	Office of First Responder Wellness	Tazewell, Town	Town Government	New	\$19,963.00	\$19,963.00	Meets criteria with conditions	For law enforcement officers, carving out time for relaxation and self-care can be quite difficult due to the demands of their roles. We are requesting funding to acquire supplies for installing a spa-inspired shower, which offers numerous wellness advantages. This shower will act as a personal sanctuary, promoting stress relief and mental relaxation while also providing a means for bio-hazard decontamination. It will serve as a rejuvenating retreat for both the mind and spirit. Additionally, we plan to purchase two massage chairs to help alleviate stress, manage pain, improve circulation, and reduce fatigue. These resources will support officers in enhancing their physical and mental health, by providing a means of de-escalation.
550378	Office of First Responder Wellness	The Hiraeth Foundation	Non-Profit Organization	New	\$30,000.00	\$0.00	Does not meet criteria	The Hiraeth Foundation's First Responder Wellness Initiative supports the mental, emotional, and physical well-being of first responders through key programs. It funds registration, travel, and lodging for two wellness conferences, providing access to expert-led sessions on mental health and peer support. Post-conference debriefs will share insights and develop a wellness resource library. Peer support programs will be strengthened through regular meetings and workshops. Monthly Hero of the Month events in Hampton and Norfolk will recognize outstanding first responders and promote networking. A Firehouse Coffee Program will deliver coffee to Virginia firehouses (\$150/month) to encourage peer connection and share wellness resources.
549900	Office of First Responder Wellness	Timberville, Town	Town Government	New	\$11,700.00	\$11,700.00	Meets criteria with conditions	Police officer wellness is crucial to maintaining an effective and resilient law enforcement workforce. The nature of police work often exposes officers to high-stress situations, traumatic incidents, and long hours, which can take a significant toll on their mental and physical health. To ensure the well-being of officers, it is essential to implement comprehensive wellness programs that address both mental and physical fitness. Wellness programs that promote work-life balance and relaxation techniques can mitigate the risk of burnout, allowing officers to recharge and return to work with renewed energy and focus.

550281	Office of First Responder Wellness	Valhalla's Mission Force	Non-Profit Organization	New	\$29,755.00	\$0.00	Does not meet criteria	Valhalla's Mission Force provides a safe, transformative experience for first responders and military personnel struggling with PTSD and trauma. Our approach is neither clinical, nor forced, nor anxiety producing. These warriors are conditioned to stay silent, trained to withhold information because speaking up can cost lives, end careers, or jeopardize security clearances and prosecutions. Asking these individuals to suddenly open up without fear requires a strategic, multi-step approach. There is no one-size-fits-all solution to healing, but proven steps exist to guide individuals into the recovery process. This approach serves as a critical foundation, allowing each person to take the necessary first steps.
26	Office of First Responder Wellness	Vienna, Town	Town Government	New	\$32,600.00	\$17,600.00	Meets criteria at reduced level	Assist in funding the overall wellness programs for the Town of Vienna Police Department. This would include funding for training for the Department's State accredited Peer support team, current station support dog costs, officer wellness training and check-ups with licensed clinicians, on duty physical and mental health wellness programs.
549929	Office of First Responder Wellness	Vinton, Town	Town Government	New	\$29,110.00	\$10,964.00	Meets criteria at reduced level	As a law enforcement agency, we have an inherent responsibility to strengthen our operational footprint by utilizing the awarded funds to establish and strengthen our first responder's wellness program to promote the physical and mental well-being of our law enforcement officers. Through this grant, we aim to equip officers with the skills and tools in fitness, nutrition, and mental health to ensure they remain physically fit and mentally resilient. This grant will allow us to build a Wellness Committee that will be committed to helping officers manage their stress and overall well-being. Officers equipped with wellness skills will experience enhanced physical and mental health, leading to increased job satisfaction and performance.
549898	Office of First Responder Wellness	Virginia Beach, City	City Government	New	\$14,884.00	\$14,884.00	Meets criteria with conditions	To establish a holistic approach to Deputy wellness through the spiritual practice of yoga, and to support the addition of departmental support/therapy dog.
549908	Office of First Responder Wellness	Virginia Beach, City	City Government	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	Virginia Beach EMS seeks to enhance the mental health & well-being of first responders in un/underfunded areas. Award of this grant will allow responders to attend the Mental Health First Aid (MHFA) program to assist them in identifying & providing initial support for mental health challenges & create a sustainable internal network of mental health advocates offering immediate assistance & guidance to professional care. Selected attendees will attend the MHFA instructor course to sustain this program. VBEWS will also create a supportive & healing environment for responders through a trauma-informed space designed & established to offer a restorative environment for responders dealing with the emotional & psychological stress of their work.
549960	Office of First Responder Wellness	Virginia Beach, City	City Government	New	\$30,000.00	\$0.00	Does not meet criteria	Provide synchronistic and/or asynchronistic cognitive and physical training to all 130 employees of the Emergency Communications and Citizen Services (ECCS) for supportive, meditative and restorative practices to processing trauma, addressing anxiety, managing intrusive thoughts and sleep disruptions. In addition, ECCS hopes to support employee wellbeing by offering employees the option to participate in science-backed therapies such as red light, infrared, compression and and cryo. These core therapies increase energy, sleep and recovery to effectively improves an employee's sense of well-being.
550119	Office of First Responder Wellness	Virginia Law Enforcement Assistance Program	Other	New	\$29,700.00	\$29,700.00	Meets criteria	Virginia Law Enforcement Assistance Program is an established 501(c)(3) nonprofit organization serving Virginia's public safety professionals with peer support services since 2008 in all imaginable settings. Providing in-the-moment private peer support services in a field environment is a challenge for providers and for recipients. A Mobile Response Unit offering Quiet Room and Meeting Space opportunities will provide a protective environment for peaceful respite and confidential conversation in any Virginia community, at any time of day, in any weather conditions.
550129	Office of First Responder Wellness	Virginia Peer Support Association	Non-Profit Organization	New	\$29,216.00	\$29,216.00	Meets criteria with conditions	The Virginia Peer Support Association (VAPSA) has the capacity to deliver advanced management training programs in CISM and Peer Support to jurisdictions across the state. This initiative aims to enhance the leadership skills of those overseeing peer support teams within various agencies. With the allocation of funds, VAPSA will host a two-day seminar/workshop led by experts in peer support management, critical incident oversight, and police psychology. The funding will also provide scholarships for first responder, and agency staff seeking to develop their management capabilities in this field. The resources aim to cultivate effective leadership among individuals currently managing or aspiring to manage peer support teams.

549812	Office of First Responder Wellness	Warren, County	County Government	New	\$29,540.00	\$25,940.00	Meets criteria at reduced level	The primary goal of the First Responder Wellness Program is to enhance the overall well-being of first responders, ensuring that they are physically fit, mentally resilient, and emotionally supported. By offering holistic care and preventive services, we aim to reduce burnout, improve job performance, and ultimately ensure the longevity of their careers.
550242	Office of First Responder Wellness	Warsaw, Town	Town Government	New	\$27,940.00	\$11,000.00	Meets criteria at reduced level	The Warsaw Police Department (WPD) Wellness Initiative prioritizes officer wellness by addressing physical strain, stress management, and long-term health. This grant will fund 10 Herman Miller Aeron Chairs, 10 VaroDesk Pro-Plus 36 risers, and 1 OHCO M.8 Massage Chair, ensuring officers have the tools to reduce fatigue, improve posture, and recover from stress-related tension. Investing in wellness enhances focus, resilience, and job performance, reinforcing WPD's commitment to supporting officer well-being as a top priority for maintaining a healthy, mission-ready force. By reducing injury risks and promoting recovery, this initiative strengthens officer longevity, morale, and overall effectiveness in public service.
549614	Office of First Responder Wellness	Washington, County	County Government	New	\$25,590.00	\$10,270.00	Meets criteria at reduced level	The Washington County Sheriff's Office is seeking grant funding under the Office of First Responder Wellness Grant Program to improve our options available to our employees focusing on mental, physical, and emotional health and wellbeing. It is our goal to provide our employees with the tools that they need to improve in those areas. We are seeking funding to purchase supplies to help with these efforts. As first responders, they are more susceptible to conditions of mental illness and compromised wellbeing compared to the rest of the population (Smith et al., 2021). We aim to reduce the stigma associated with officers, and provide them with better resources and normalize prioritizing mental, physical, and emotional health.
550078	Office of First Responder Wellness	Waynesboro, City	City Government	New	\$29,645.00	\$29,645.00	Meets criteria	The Waynesboro Police Department is committed to supporting the health and wellness of its officers. Our project aims to provide officers with access to a comprehensive health screening focused on life health and fitness, as well as prevention and early detection of cancer, heart disease, mental health issues, and other potentially life-altering or ending conditions. By investing in these advanced, proactive screenings, we aim to enhance our officers' well-being and potentially save our first responders' lives.
550364	Office of First Responder Wellness	Weber City, Town	Town Government	New	\$30,000.00	\$14,000.00	Meets criteria at reduced level	The Weber City Police Department is utilizing to implement a comprehensive wellness initiative aimed at enhancing the physical, emotional, and overall well-being of its personnel. Recognizing the demanding nature of law enforcement work, the department is investing in therapeutic and ergonomic equipment to support officer wellness and resilience. Specifically, grant funds will be used to purchase a massage chair, height-adjustable desks, and ergonomic office chairs with lumbar support. These resources are designed to provide officers and staff with tools to reduce stress, improve posture, alleviate physical strain, and promote long-term health.
549397	Office of First Responder Wellness	Western Tidewater City Regional Jail	City Government	New	\$29,911.00	\$0.00	Does not meet criteria	The FY26 funds awarded will support Western Tidewater Regional Jail (WTRJ) for continuous mental, emotional and physical well-being of officers. First Responder grants like these, provides resources to improve these initiatives, while implementing new programs, as well as expanding the existing programs, and wellness support of the officers.
549944	Office of First Responder Wellness	Western Virginia Reg Jail Authority	County Government	New	\$30,000.00	\$30,000.00	Meets criteria with conditions	This project aims to support and enhance the physical, mental, and emotional well-being of our first responder correctional officers and other administrative/mental health professionals working in our facility, through a comprehensive wellness program. Recognizing the high-stress nature of first responder roles, this initiative will provide tailored resources, including nutritional services, fitness programs, stress management workshops, peer support networks, and other therapeutic resources. Our goal is to improve the overall health and resilience of our employees, ensuring they have the necessary tools and support to manage the challenges of their demanding professions.
550162	Office of First Responder Wellness	Westmoreland, County	County Government	New	\$30,000.00	\$4,400.00	Meets criteria at reduced level	The Northern Neck Regional Jail is requesting funding to improve wellness for all staff. The job duties of staff in a jail setting can be stressful. Our agency would like to purchase massage chairs for staff to use to reduce stress during trying times. This would provide staff a time to detach, release stress, and relax to allow them to go back into the work environment in a better mental and physical mindset. Our agency would like to send 8 individuals to Echelon Front training for First Responder Wellness and Leadership. Through this training instruction will be given to pave the way for staff to reclaim their inner strength and fuel their immediate and long-term wellness success, all by leveraging the Echelon Front Mindset.
550312	Office of First Responder Wellness	Westmoreland, County	County Government	New	\$5,497.00	\$0.00	Does not meet criteria	The proposed project aims to enhance the employee wellness program for the Westmoreland County Sheriff's Office, and improve employee retention.

549992	Office of First Responder Wellness	Williamsburg, City	City Government	New	\$29,795.00	\$29,795.00	Meets criteria with conditions	The Williamsburg Police Department understands that developing and maintaining healthy employees benefits the officer, the organization, the community, and the officer's family. To ensure that officers have the knowledge and skills to improve and maintain their mental, emotional, and physical well-being, a block of training with well-known experts in law enforcement training to provide courses that will be conducted to first responders of the WPD and be made available to first responders from throughout the Commonwealth of Virginia. These courses will cover a multitude of aspects in regard to obtaining health and wellness and maintaining it throughout their law enforcement career and beyond.
549555	Office of First Responder Wellness	Winchester, City	City Government	New	\$29,990.00	\$29,990.00	Meets criteria	This project would assist with the establishment and development of Winchester's First Responder Peer Support and Wellness Program by providing funding for essential team training and quarterly wellness activities. The Peer Support Team (PST) consists of employees from each of the City's public safety departments who are dedicated to helping their colleagues navigate the unique stressors, both mental and physical, faced by first responders and providers of critical public safety services. This project would provide training resources for the PST to learn how to improve first responder wellness and facilitate new health and wellness activities open to all public safety personnel.
549532	Office of First Responder Wellness	Wise, County	County Government	New	\$27,584.00	\$27,584.00	Meets criteria with conditions	These funds will be used to develop a meditation pod for deputies and dispatchers. This pod will be equipped with a an infrared sauna, yoga mats, foam rollers, massage chairs and inversion table for health, wellness, and stress reduction. It will be available 24 hours a day to deputies and dispatcher to use prior and after shift. If manpower permits, supervisors can approve use during shift.
549849	Office of First Responder Wellness	Wythe, County	County Government	New	\$30,000.00	\$30,000.00	Meets criteria	The Wythe County Sheriff's Office seeks to provide first responder wellness equipment for its deputies and dispatchers. Currently, the agency lacks dedicated resources to help alleviate the stress and physical strain associated with emergency response work. To support the well-being of its employees, the agency aims to purchase massage chairs, offering both physical relief and emotional support for those who serve our community.
550052	Office of First Responder Wellness	Wythe, County	County Government	New	\$11,400.00	\$11,400.00	Meets criteria	The 911 Dispatcher Wellness Initiative aims to enhance the physical and mental well-being of emergency dispatchers working in Wythe County's PSAP. Dispatchers face high-stress conditions in a basement-level facility with no natural light, contributing to fatigue, discomfort, and burnout. This initiative will provide ergonomic and environmental improvements to support their health, performance, and long-term retention.