

BE SAFE VIRGINIA



OVERVIEW

Be Safe Virginia is a program focused on educating students Pre-Kindergarten through Fifth Grade in Virginia's Public Schools about public health and safety topics in an age-appropriate manner. Themes range in scope from students learning about the role of community helpers, how to stay safe on the school bus, in a car and online, as well as understanding the impact of bullying.

The program is taught primarily by non-sworn and uniformed child safety officers in Virginia elementary schools familiar to the students at that school. Lessons and materials were developed by licensed teachers and Early Childhood specialists. All lessons correlate to the Virginia Standards of Learning.

Topics by Grade

Grade Level Be Safe Virginia Crosswalk

Grade Level Crosswalk for Be Safe Virginia

	School Rules and Safety	Playground Safety	School Bus and Pedestrian Safety	Community	Digital Citizenship	Personal Responsibility and Safety	Respect	Self-Discipline	Bullying	Drug Awareness	Alcohol Awareness	Nicotine Awareness
P K	Lesson #1: Introduce School Rules and Safety	Lesson #2 Introduce Playground Safety	Lesson #3 Introduce Bus Safety	Lesson #4 Introduce Community Helpers in Uniforms								
K			Lesson #1 Introduce Bus Safety	Lesson #2 Community Helpers	Lesson #3 Introduce Internet Rules	Lesson #4 Introduce Stranger Awareness	Lesson #5 Introduce Respect for Authority	Lesson #6 Introduce Car Safety				
1				Lesson #1 Introduce How to Get Help in an Emergency	Lesson #2 Understand Internet Rules	Lesson #3 Introduce Safety at Home	Lesson #4 Understand Importance of Rules and Law	Lesson #5 Introduce Self-Discipline and Decision-Making	Lesson #6 Introduce Bullying Behaviors and Prevention			
2				Lesson #1 Understand Ownership and Theft Prevention in the Community		Lesson #2 Understand the Difference between a Stranger and an Acquaintance	Lesson #3 Understand Professionals with Authority to Enforce Laws		Lesson #4 Understand Bully Behaviors and Strategies to help Victims			
3				Lesson #1 Apply Strategies for Emergency Preparation	Lesson #2 Understand Digital Citizenship	Lesson #3 Apply Positive Characteristics to Identify a Role Model	Lesson #4 Apply Respectful Interaction with Professionals with Authority	Lesson #5 Apply Alternatives to Fighting				
4				Lesson #1 Understand Crime Prevention Strategies	Lesson #2 Understand Digital Citizenship — Cyberbullying		Lesson #3 Understand Triggers to Respect Others	Lesson #4 Understand Triggers and Apply Conflict Resolution Strategies	Lesson #5 Understand Peer Pressure			
5					Lesson #1 Apply Internet Safety to Social Media			Lesson #2 Apply Self-Discipline and Self-Respect to Goal Setting	Lesson #3 Understand the Impacts of Peer Pressure on Drug, Alcohol, and Nicotine Use	Lesson #4 Introduce Drug Awareness	Lesson #5 Introduce Alcohol Awareness	Lesson #6 Introduce Nicotine Awareness

Additional Resources:

If you have questions or would like additional information about a particular topic, please contact your student's school counselor or principal. Please find the following list of additional resources related to school safety.

Pre-Kindergarten

[General Safety](#)

[Fire Safety](#)

Kindergarten

[School Bus Safety/Bus Stops, Drivers](#)

Grades 1-5

[CyberSecurity](#)

[Family/Caregiver Resources for Mental Health](#)

[How to talk to your child about bullying](#)

[Internet Safety](#)

[Mental Health Resources](#)

[Pedestrian and School Bus Safety](#)

[Preventing alcohol abuse](#)

[Public Safety protection](#)

[Talking to your Child about Alcohol and Drugs](#)

[Talking to Kids about Smoking](#)

[Understand the Risks of E-cigarettes](#)

[Virginia Center for School and Campus Safety and Public Safety](#)

