

# Warning Sign Checklist

- What are some of the warning signs on this list that you have encountered with students in your school?
- What additional warning signs would you add to this list based on your experiences and school culture and community?



## WARNING SIGNS

- |  |   |
|--|---|
| <input type="checkbox"/> Suddenly withdrawing from people and activities                                 | <input type="checkbox"/> Expressing a fascination with school shootings |
| <input type="checkbox"/> Regular Bullying or intimidating others   | <input type="checkbox"/> Expressing hopelessness about the future       |
| <input type="checkbox"/> Extreme mood or personality changes   | <input type="checkbox"/> Extreme, prolonged sadness or distress         |
| <input type="checkbox"/> Victim of constant social rejection   | <input type="checkbox"/> Expressing or showing feelings of isolation    |
| <input type="checkbox"/> Talking about plans or making plans to harm themselves or others                | <input type="checkbox"/> Bragging about access to guns                  |
| <input type="checkbox"/> Hanging out with negative role models   | <input type="checkbox"/> _____  |
| <input type="checkbox"/> Bringing a weapon to school, or threatening, or talking about bringing a weapon | <input type="checkbox"/> _____  |
| <input type="checkbox"/> Talking or writing about committing acts of violence toward others              | <input type="checkbox"/> _____  |
| <input type="checkbox"/> Bragging about or warning others about an upcoming attack or act of violence    | <input type="checkbox"/> _____  |
| <input type="checkbox"/> Recruiting others to join in a planned act of violence                          | <input type="checkbox"/> _____  |
| <input type="checkbox"/> Warning Students to stay away from school or events                             | <input type="checkbox"/> _____  |
| <input type="checkbox"/> Expressing a fascination with weapons   | <input type="checkbox"/> _____  |

This checklist is not meant to be a comprehensive list of warning signs or used as a stand-alone document. It should be used in conjunction with our *Say Something* program.



Sandy Hook  
**PROMISE**