



## **DAY FOUR– THURSDAY, JUNE 30, 2022– 11:30 AM**

### **Treating Trauma Survivors with Animal-Assisted Modalities**

#### **Session Description:**

This session will provide an overview of trauma and complex trauma animal assisted therapy, and treatment of complex trauma through an animal-assisted lens

#### **BIO:**



**Landon Dickeson** is the Executive Director for Ranch Hands Rescue and Bob's House of Hope, and he is a Licensed Professional Counselor with a focus on trauma-informed interventions.

Landon completed his BS in Psychology with a minor in Neuroscience from Texas A&M University, then pursued his graduate education at the University of North Texas where he obtained an MS in Clinical Mental Health Counseling. Landon has experience treating trauma across the lifespan in a variety of settings including inpatient, residential, risk of harm assessment, suicide loss, outpatient, and support groups. He has been trained in Equine and Animal Assisted Counseling, EMDR, DBT, talk therapy, C-SSRS, and a variety of supplementary approaches. Landon is honored to serve the animals and people who seek help at Ranch Hands Rescue.

"I do not see individuals as good or bad, nor as defined by their diagnosis. I see individuals as coping with wounds to the best of their ability. It is my belief that together we can uncover new.