



## **DAY ONE - Monday, June 27, 2022 - 2:00 PM**

### **Life is A Process, Not an Event**

#### **Session Description:**

Exiting a trafficking situation is a process, not an event, and we need informed professionals as members of our support systems throughout our journey to freedom. Together, let's explore the Stages of Change Model (SCM), how it applies to trafficking intervention efforts, and the cyclical nature of healing from trauma. We will apply SCM to investigation and prosecution activities and identify opportunities to empower survivors in these processes. You will hear examples of this process in motion through data collected by The Avery Center over the past decade as well as learn more about survivor-led programs available to individuals who are now on their own journey, and how you can best support them.

#### **Bio:**



**Megan Lundstrom** is a co-founder and the Chief Executive Officer of the Colorado-based, nationally recognized organization, The Avery Center. Megan has been providing trainings to law enforcement and criminal justice professionals since 2015, starting in her local community and quickly grew to statewide and national conferences. Since that time Megan has presented to law enforcement and professionals in the criminal justice system at places such as the Colorado Victim Advocate's Annual Conference, Villanova Law, American University's MOSAICS project, and the Department of State's International Visiting Leadership Program Combatting Trafficking in Persons. Megan has consulted with agencies such as anti-money laundering investigators at major financial institutions, the Senate Permanent Subcommittee of Investigations, Department of Health and Human Services, as well as local groups working on demand reduction efforts. Megan is a published author and researcher, contributing to the body of work through publications such as the Department of Treasury's Report to Congress, and the Journal of Urban Crime. Megan currently serves on the advisory boards for Polaris, MOSAICS, and ALIGHT, and was a founding committee member for the Larimer County CSEC High-Risk Intervention Team. Megan built the foundation for engagement and intervention efforts that is successfully utilized by The Avery Center's direct service

team operates today and has develop several successful programs and practices that are now being implemented internationally at this time.