



DAY ONE - Monday, June 27, 2022 - 11:30 AM

Jonathan Hickory, Unresolved Trauma—Why It’s Never Too Late to Heal

Master Police Officer and award winning author Jonathan Hickory walks you through his story of a life of unresolved trauma: how it almost destroyed him and his family forever, and how facing the trauma began a seemingly impossible but ultimately victorious road to recovery.

BIO:

Jonathan Hickory is an award winning author and speaker and an active Master Police Officer in Virginia. In his 18 plus years of police experience, Jonathan has mentored other officers as a Field Training Officer and a driving instructor. Jonathan spent seven years investigating the reconstruction of fatal vehicle crashes and three years as a motorcycle officer. MPO Hickory proudly serves as a member of the Police Department's Peer Support Team providing Critical Incident Stress Management support to fellow officers. MPO Hickory has written several articles for *Law Officer Magazine* and instructs, "Resilience, Mental Wellness and Suicide Prevention" class he developed for veteran police officers, dispatchers, and jail officers. MPO Hickory has been married to his wife Stacy for over 17 years and has three beloved children.