



## **Trauma Response and the Criminal Justice System: A Virtual Summit on Knowledge, Healing, and Resilience**

### **Trauma-Informed Leadership"**

Youth-serving organizations are being asked to treat increasingly complex and traumatized children in a shorter time frame. Family First legislation requires organizations to use a trauma-informed care framework recognizing that, to treat and safely manage these youth, they must increase clinical sophistication and knowledge of trauma. Because our clients are hurt through relationships, we must use the science of relationships to improve our treatment. This workshop will discuss key program elements of a TIC organization that includes the science of safety and connection as applied to both healing client's trauma history, as well as supporting staff with recognizing and regulation of their own activating triggers. Exercises to strengthen staff's ability to recognize and regulate strong reactions to client behavior will be discussed. An organization that has a truly systemic approach to trauma-informed care has policies and procedures that reflect TIC principles. This workshop will explore policy and procedures for hiring, initial screenings, family visitation, reflective supervision, and other aspects of programs through a trauma-informed lens.

#### **Presenter: Patricia D. Wilcox, LCSW**

Patricia D. Wilcox, LCSW, is the Vice President of Strategic Development at Klingberg Family Centers, New Britain, Connecticut. She specializes in the treatment of traumatized children and their families. She created the Restorative Approach™, a trauma- and relationship-based treatment method. She oversees the Traumatic Stress Institute, is a Faculty Trainer for Risking Connection® and is an Adjunct Faculty at the University of Connecticut School of Social Work and at St. Joseph's University. She travels internationally to train providers on trauma-informed care, specializing in improving the daily life of treatment programs. She was the 2011 Connecticut Social Worker of the Year. She is the author of *Trauma Informed Care: The Restorative Approach* published by NEARI Press as well as several articles.