



## **Trauma Response and the Criminal Justice System: A Virtual Summit on Knowledge, Healing, and Resilience**

### **“Recognizing and Addressing Trauma”-Sarah Yanosy, LCSW**

Effective support for clients in human service agencies requires workers to understand the impact of trauma on survivors. It is necessary for service providers to recognize the ways that trauma symptoms are likely to manifest through behavior on the part of survivors and their relationships with people in helping positions. It is equally important to know how to interpret and respond to what survivors are showing us without re-traumatizing them or being traumatized ourselves in the process of helping. This workshop will explore the various ways that people who have experienced trauma communicate their distress through behaviors and interactions to those providing services or support.

#### **Learning outcomes:**

Participants will be able to:

1. Describe 3 behaviors they are likely to see in people who have experienced trauma;
2. Identify 2 common mistakes in recognizing trauma;
3. Describe 2 ways to address behavior without re-traumatizing the survivor.

#### **Presenter: Sarah Yanosy, LCSW**

Ms. Yanosy’s career has integrated clinical work, education and administration, resulting in expertise in individual and family therapy, program and curriculum development as well as program evaluation and replication. Ms. Yanosy currently teaches at the Fordham University School of Social Services and the Columbia University School of Public Health. She served as the Founding Director of an international training and consultation organization serving over 350 organizations across the United States and in 7 other countries, teaching human service providers to implement trauma-informed interventions. Most recently, Ms. Yanosy co-developed the PRESENCE Model, an online training model for trauma responsive practice.

Ms. Yanosy has been a keynote and featured speaker on trauma and organizational culture and has published extensively on the implementation and impact of trauma responsive practice. She received her undergraduate and graduate degrees at Cornell University and Smith College respectively, and has completed post graduate programs at New York University, Fordham University and Columbia Business School.