



Trauma Response and the Criminal Justice System: A Virtual Summit on Knowledge, Healing, and Resilience

Getting Unstuck with Traumatized People: Using a New Compass for Guiding Change

Helping people who have experienced trauma can sometimes feel like they are taking one step forward and two steps back, particularly when interventions are aimed at promoting client safety, reduction in risky behaviors or decreasing self-harm. This workshop will offer a four-pronged approach to understanding resistance to change and building a path forward toward improved health and safety.

Learning outcomes:

1. Participants will be able to identify 5 kinds of safety.
2. Participants will be able to describe the four components of the SELF framework
3. Participants will be able to describe the difference between comfort and safety.

Presenter: Sarah Yanosy, LCSW

Ms. Yanosy's career has integrated clinical work, education and administration, resulting in expertise in individual and family therapy, program and curriculum development as well as program evaluation and replication. Ms. Yanosy currently teaches at the Fordham University School of Social Services and the Columbia University School of Public Health. She served as the Founding Director of an international training and consultation organization serving over 350 organizations across the US and in 7 other countries, teaching human service providers to implement trauma-informed interventions. Most recently, Ms. Yanosy co-developed the PRESENCE Model, an online training model for trauma responsive practice. Ms. Yanosy has been a keynote and featured speaker on trauma and organizational culture and has published extensively on the implementation and impact of trauma responsive practice. She received her undergraduate and graduate degrees at Cornell University and Smith College respectively, and has completed post graduate programs at New York University, Fordham University and Columbia Business School.