



Trauma Response and the Criminal Justice System: A Virtual Summit on Knowledge, Healing, and Resilience

Complex Trauma: How the Brain and Body Respond

Presenter: Rosemarie “Rosie” Mann

Complex trauma is trauma that occurs in the context of relationships. This fact is what differentiates complex trauma from other types of trauma, and what makes complex trauma so devastating. Trust in the world and trust in self crumbles because of the experience. This session will describe the neuro-biological changes that occur when a person experiences complex trauma, and how those changes impact cognitive, social, emotional, and behavioral functioning. Participants will learn practical strategies that foster the restoration of trust and safety by working with the biological drives of the human nervous system.

Bio:

Rosie Mann is an experienced local and national trainer of families and professionals regarding neurosequential interventions for behavior. She is a registered nurse, certified trainer in the Neurosequential Model of Education, and a Certified Clinical Trauma Professional through the International Association of Trauma Professionals. Additionally, she is certified by the Alberta Family Wellness Initiative in the “Brain Story”. She provides direct support for children experiencing emotional/behavioral challenges and their families while raising her 5 children, including those that have experienced trauma.