



Trauma Response and the Criminal Justice System: A Virtual Summit on Knowledge, Healing, and Resilience

Exploring Dissociative Identity Disorder: What it Means for Your

Olga Trujillo was diagnosed with Dissociative Identity Disorder (formerly known as Multiple Personality Disorder) at the age of 31. Over the past 28 years she has undergone an intense journey to understand what Dissociative Identity Disorder (DID) is, how she developed it, the impact on her life, and she began to address the challenges she faced in healing. In 2011 Olga's memoir, *The Sum of My Parts: A Survivor's Story of Dissociative Identity Disorder* was released by New Harbinger Publications. In this workshop, she will bring her experience of DID to help participants expand their knowledge from an inside out perspective. Participants will learn what DID is, how someone develops it, what it feels like to have it, what it looks like from the outside, what the healing process can look like, and how you can work with someone who has it.

Presenter: Olga Trujillo

Olga is an attorney, trainer, internationally renowned speaker and author who has devoted her career to helping advocates, first responders and others in the field better understand the impact of trauma on survivors of sexual assault, domestic violence, child abuse, and human trafficking and is one of the only speakers in the US to address the issue of Dissociative Identity Disorder from a lived experience of diagnoses and healing. Olga intertwines the role of culture, and in particular Latino culture into every presentation, training or technical assistance opportunity.

Olga has authored a number of articles and publications. Her memoir for New Harbinger Publications entitled, *"The Sum of My Parts"* was released in October 2011 and has been released in Japanese, Chinese and Spanish. She also co-authored a Handbook for Attorneys, *"Representing Domestic Violence Survivors Who Are Also Experiencing Trauma and Mental Health Challenges"* which was released in January 2012 and a number of Tip sheets on trauma informed work including *"Preparing Survivors for Court"* in 2013, *"Trauma Informed Legal Advocacy"*, *"Enhancing Access to Justice: Creating Trauma Informed Courts"* and *"Enhancing Advocacy Through a Trauma Informed Approach"* in 2020.

Olga Trujillo's family roots stem from Puerto Rico and Columbia. She was born and raised in Washington DC and studied at George Washington University Law School. She currently lives in a rural area of Wisconsin with her partner, Casey, their dogs and cat.