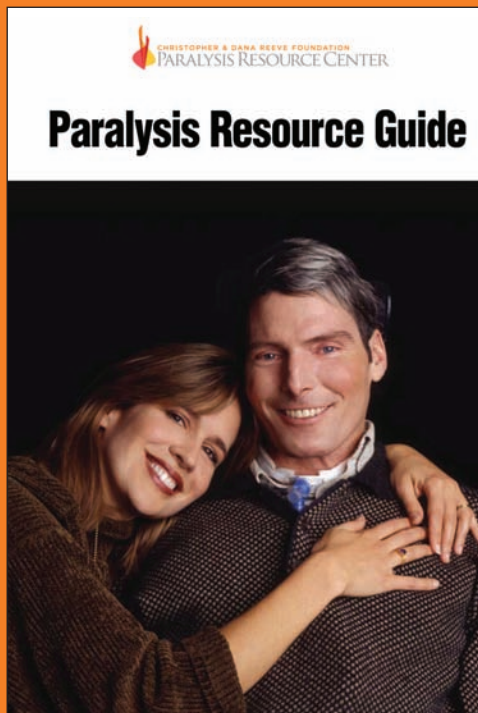


The ***Paralysis Resource Guide*** is a **FREE** 442-page book, intended as a comprehensive information tool for people affected by paralysis and those who care for them.



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### What is included in the *Paralysis Resource Guide*?

The book provides a colorful roadmap to paralysis, including specific information about spinal cord injury, ALS, stroke, spina bifida, traumatic brain injury, MS, and other causes of disability. The Guide also offers an overview of health management and specialized clinical issues, as well as information on maintaining an active, healthy lifestyle, tools and technology, caregiving, and kids with disabilities.

The book is also available for free on e-readers (Kindle through Amazon.com, Nook through barnesandnoble.com, iPhone and iPad through itunes.com). Search for "Paralysis Resource Guide" to download the book to any of those readers. To view an electronic version or to download a PDF version to your computer, go to the Reeve website at: [www.ChristopherReeve.org/Guide](http://www.ChristopherReeve.org/Guide)

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