



Sexual Violence Prevention Curricula Guide

Prevention curricula can be useful tools to enhance programming, so the Prevention Resource Center (PRC) has compiled a listing of several curricula that are used by sexual violence preventionists. The Guide provides information about the focus areas, audience, availability, and any available evaluation findings.

Curricula are tagged with the following topics:

- Boys & Men
- Bullying
- Bystanders
- Communication
- CSA (Child Sexual Abuse)
- Culturally Specific
- Disability
- Girls & Women
- Healthy Sexuality
- Relationships
- Root Causes
- Sexual Harassment
- Technology

This list is not intended to include all possible curricula options nor serve as an endorsement of included curricula. The intention of this resource is to provide preventionists with a starting place when reviewing curricula to meet the needs of their community. When using any curriculum, you should consider specific risk and protective factors of the community, consistency with The 9 Principles of Effective Prevention, and overall reach of the Social-Ecological Model. Almost every curriculum will need to be modified to fit the community you are working with and you may find it most beneficial to pull from several curricula to create a customized program. In order to maintain accessibility, we do not include curricula that costs more than \$1000.

We update this guide periodically and request that you link to www.wcsap.org/curricula-guide rather than share this PDF so you will have access to the most recent version. Additionally, if you have used any of these curricula or know of others we should review, you can send feedback to prevention@wcsap.org.



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Bystanders; Relationships	<u>Agents of Change (2013)</u>	Agent of Change is an online game which allows users to choose their reactions, creating pathways and customizing situations to the specific questions and needs of the student. Agent of Change addresses many forms of violence, and includes diverse characters. Continuously updated with student pre- and post-test data.	College students.	Contact We End Violence at <u>info@weendviolence.com</u> .	Evaluation completed by a University of Illinois professor, who found Agent of Change to be significant in terms of understanding sexual violence and increasing bystander behavior. Recommended by a Department of Defense evaluation team. Download the <u>2013 report</u> , or the <u>2015 report</u> .
Girls & Women; Relationships; Root Causes	<u>Athletes as Leaders (originally Student Leaders & Athletic Youth) (2015)</u>	Intended for high school athletes on girls' sports teams. The program aims to empower female-identified youth to take an active role in promoting healthy relationships and ending sexual violence. Athletes are encouraged to be leaders in changing social norms at the school to a culture of safety and respect.	High school female identified athletes.	<u>Available to download for free (near bottom of webpage)</u> .	<u>According to a program description</u> , Athletes as Leaders is based on research and best practices in the field of sexual violence prevention. Has been evaluated with several teams at the original pilot location and several others nationally with promising results. Results not available online. <u>More information on program and evaluation results available from CALCASA webinar highlighting the program</u> .



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<p>Relationships; Girls & Women; Culturally Specific; Root Causes</p>	<p>Be Strong: From the Inside Out (2012)</p>	<p>Empowerment Model program created by Peace Over Violence. Structured to encourage positive female development on each level of the social-ecological model. Each lesson provides an opportunity for young women to challenge oppressive social norms, build connections with peers, develop their sense of self-esteem, and work towards preventing sexual and intimate partner violence.</p>	<p>Females age 13-19. Developed for use with primarily Latina and African American females in LA; can be used with any population.</p>	<p>Can be ordered directly from Peace Over Violence's website for \$230.</p>	<p>No research available. Based on Developmental Assets for Adolescents framework.</p>
<p>Bystanders</p>	<p>Bringing in the Bystander (2005)</p>	<p>Consists of either one 90-minute or a more comprehensive two session program totaling 4.5 hours. Consists of community-specific examples to increase empathy for survivors and awareness around sexual violence. Interactive activities and discussions.</p>	<p>College students, ages 18-23.</p>	<p>Contact jennifer.scafford@unh.edu to purchase the program materials.</p>	<p>Results from a 2007 study found that Bringing in the Bystander significantly increased the likelihood of bystander behavior and awareness around sexual violence, while decreasing rape myth acceptance. Read the study here. Named as a promising practice by the CDC.</p>
<p>Relationships</p>	<p>Building Healthy Teen Relationships</p>	<p>Curriculum developed by the Idaho Coalition Against Sexual & Domestic Violence's Center for Healthy Teen Relationships. Intended to help teens identify and develop healthy relationships.</p>	<p>Ideally for grades 6-8, ages 11-14, but can also be used in grades 9-12, ages 14-19.</p>	<p>Can be downloaded for free. Supplemental lesson plans on digital technology and lesson plans based on The Hunger Games movie are also available.</p>	<p>No research available.</p>



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Communication ; Relationships; Sexual Harassment	<u>Building Healthy Relationships Across Virginia (2007)</u>	This guide (unCurriculum) was created by the Virginia Sexual and Domestic Violence Action Alliance. Includes: Facilitator's introduction and 6 units; Positive Personal Development, Addressing Teen Dating Violence, Addressing Sexual Harassment with Teens, Addressing Sexual Violence with Teens, Exploring Gender Sexuality and Power, and Promoting Healthy Relationships.	Middle and high school students.	<u>Can be downloaded for free.</u>	No research available.
CSA; Healthy Sexuality	<u>Care for Kids (2005)</u>	The Leeds, Grenville, & Lanmark District Health Unit created a health-based curriculum for children that emphasize healthy sexuality education as an important aspect of child sexual abuse prevention. Each unit teaches and reinforces 2 to 4 simple, age-appropriate messages via a circle time, a song, a book, and an activity or craft. Six-unit curriculum (bodies, babies, feelings, touching, bedtime, and secrets/ surprises).	Children 3 to 8 years old.	<u>Complete kit can be ordered from Prevent Child Abuse Vermont for \$250.</u>	Research seems to point toward positive outcomes for children (increased understanding of healthy sexuality and increased reporting rates), but the research is not peer reviewed and relies largely on survey results. <u>Read the report here.</u> *Adapted in the US by <u>Prevent Child Abuse Vermont</u> and <u>The Collins Center (Harrisonburg, VA)</u> .
Boys & Men; Bystanders	<u>Coaching Boys Into Men (Updated in 2017)</u>	Program designed by Futures Without Violence (FWV) to target adolescent athletes. Coaches learn to address issues of respect and gender equality, with a bystander intervention piece, as well.	High school male identified athletes.	<u>Coaches kit is available with a \$23 handling fee. Materials are also available for download for free.</u>	Named as a promising practice in the most recent <u>CDC literature review</u> . <u>Evaluation findings summary</u> from Futures Without Violence. Found that this intervention helps increase bystander intervention and decrease abuse within relationships. The study was followed-up a year later. <u>Research abstract</u> .



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Bullying; Technology	<u>Cyber Bullying Curriculum for Grades 6-12 (2014)</u>	This 8-session curriculum addresses cyber bullying, communication skills, peer pressure, and media literacy. This model uses trained peer leaders to teach skills to their peers using small group discussions, scenarios, and other exercises. There are additional resources to use school-wide to address policies and procedures.	Middle and high school students. Includes information for parents as well.	<u>Materials are sold for \$119.</u>	No research available.
Communication ; Healthy Sexuality; Relationships;	<u>DO YOU: Building Youth Resilience Through Creative Expression</u>	Art-based primary prevention program (unCurriculum) created by the Virginia Sexual and Domestic Violence Action Alliance. Addresses youth violence, dating and sexual violence, sexual harassment, and bullying by confronting its root causes and enhancing protective factors to promote positive development and healthy relationships.	Youth 13-16 years old.	Must attend a DO YOU <u>training</u> . Includes blank 'zines, art images, Facilitator's Guide, and evaluation tools.	Initial evaluation of DO YOU indicates positive facilitator experiences and positive changes in behavior and understanding of the content. <u>Report on the evidence-base and evaluation findings</u> .
Bystanders; Bullying; Relationships; Sexual Harassment	<u>Expect Respect (2010)</u>	Program created by Safe Place in Austin, TX. The youth leadership and school-wide components offer a chance to work across the social-ecological model on the primary prevention of violence, bullying, and harassment. <u>Free download of the Manual overview and table of contents</u> .	Middle and high school students. Components: support group, youth leaders, and school-wide.	Entire program costs \$160 plus shipping and handling. <u>Order form</u> . Available in the WCSAP Library.	<u>CDC has found</u> that their research suggests that Expect Respect Support Groups are an effective strategy to reduce peer aggression among high-risk adolescent boys and girls, and additionally reduce teen dating violence perpetration and victimization among boys. <u>Evaluation findings available online</u> .



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Bullying; Communication	<u>Facilitating Active Child Empowerment (2009)</u>	The Pennsylvania Coalition Against Rape created this curriculum with the goal of empowering youth to make healthy decisions. Each of the 11 sessions includes planning and facilitation notes. Curriculum themes: building respect, teamwork, communication, trust, fears, stress, bullying, decision making, rumors, self-concept, and empowerment.	Elementary-aged youth.	<u>Can be downloaded for free.</u>	No research available.
Communication ; Healthy Sexuality; Relationships	F.L.A.S.H. (Family Life and Sexual Health) Curriculum (2009-2016)	The King County Public Health Department created this comprehensive sexuality education and violence prevention curriculum. Students are exposed to developmentally appropriate and medically accurate information. Addresses healthy sexuality, body image, gender role norms, media literacy, communication, LGBTQ youth experiences, self-esteem, decision-making, and healthy relationships.	Divided into following lessons: Elementary (grades 4 -6), Middle School (grades 6-8), and High School (grades 9-12). Lessons are continually updated online.	Elementary curriculum can be downloaded for free. Newly updated Middle and High School editions <u>must be purchased digitally</u> (\$50 each) or in printed binders (\$100 each). Available for review in the WCSAP Library.	Has not been evaluated under rigorous conditions, but has shown promising results in small-scale post-test evaluations. High School FLASH is being rigorously evaluated over the next 5 years to measure its effectiveness in preventing pregnancy and STDs among high school age youth enrolled in public schools. Results will be reported during the 2019–2020 school year. <u>Read more from King County Public Health here.</u>



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<p>Communication ; Disability; Relationships; Healthy Sexuality</p>	<p><u>F.L.A.S.H. (2006-2013)</u></p>	<p>This edition of King County Public Health Department's FLASH Curriculum contains 28 lessons for special needs classrooms in middle and high schools. Topics include self-esteem, gender identity, assertiveness, relationships, understanding the body, consent, and reproduction.</p>	<p>Youth 11-21 years old in special education programs.</p>	<p>Can be downloaded for free.</p>	<p>See above.</p>
<p>Healthy Sexuality; Relationships</p>	<p><u>The Fourth "R"</u></p>	<p>Curriculum created by Strategies for Healthy Youth Relationships in Ontario, Canada. A comprehensive school-based program involving students, teachers, parents, and the community to prevent violence. Healthy relationship skills are considered an essential piece of education to be incorporated into schools through health classes, English classes, or after-school programs. The curriculum addresses violence, bullying, sexual pressure, media, conflict resolution, and substance abuse. Evidence-based curriculum with results shown to reduce dating violence and increase safe sex practices.</p>	<p>Middle and high school students. Engages teachers and parents as well. Uniting our Nations curriculum adapted for use with indigenous communities also available.</p>	<p>Curricula sold individually by grade and setting. Prices range from \$60 to \$90. Can preview selected lessons.</p>	<p>Summary of evaluation findings available online.</p>
<p>Boys & Men; Culturally Specific; Relationships</p>	<p><u>Good Guys! Partnership & Positive Masculinity</u></p>	<p>This program, created by Jewish Women International, explores issues of power and control, gender, self-esteem, masculinity, and relationships within a Jewish context.</p>	<p>Boys and young men in Jewish communities</p>	<p>Available for \$25 in PDF format. Must submit online form to order.</p>	<p>No research specific to this curriculum, though it is similar in nature to the MVP program, which has been supported by research.</p>



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Root Causes	<u>Helping Teens Stop Violence, Build Community, and Stand for Justice (2011)</u>	This book prepares adults for working with young people by providing a theoretical framework for violence prevention work along with exercises in being effective allies to youth. Workshop guidelines and outlines are included for facilitating discussion and sharing around sensitive topics of oppression, the "isms" — racism, sexism, adultism — as well as gender issues, immigration, religion, ability and access.	This book is intended for adults working with youth 12-19 years old	Currently discounted to \$16.95 from \$22.95 on the <u>website</u> . Can also be found on amazon.com	No research available.
Boys & Men; Bystanders; Culturally Specific; Relationships	<u>Hombres Unidos Contra la Violencia Familiar (2008)</u>	A bilingual curriculum put together by the Migrant Clinicians Network which lasts 5 two-hour weekly sessions and focuses on preventing intimate partner and sexual violence within migrant communities. This curriculum uses a culturally appropriate, popular education style.	English or Spanish-speaking migrant men over the age of 17.	Contact MCN at hu@migrantclinician.org for curriculum and technical assistance.	Evaluation has been completed, but is not currently available to the public, but preliminary information suggests it is effective. Read more on their website: http://www.migrantclinician.org/services/initiatives/family-violence-prevention/hucvf.html
Bystanders; Relationships; Root Causes	<u>In Touch With Teens</u>	Intended to reduce instances of violence among diverse groups of youth by focusing on healthy relationship skills and bystander accountability. Developed and implemented in Los Angeles by Peace Over Violence.	Youth 12-19 years old.	<u>Available from Peace Over Violence for \$230. Brochure.</u>	Was selected as a model youth-violence prevention program by the U.S. Department of Health and Human Services, but no evaluation research is available.



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Bystanders; Boys & Men	<u>Liverespect (2015)</u>	Liverespect is a 9-session curriculum from A Call to Men designed to help mentors educate and encourage young men to examine their attitudes and beliefs about masculinity.	Middle and high school aged young men	<u>Can be downloaded for free.</u>	A CALL TO MEN surveyed nearly 300 male middle- and high-school students who participated in the Liverespect curriculum pilot during the 2016-17 school year and found promising results. Read more here: <u>http://www.acalltomen.org/news/2016/3/8/ysfe5d2fo10vrgcghysxcrgr6a9fjx</u>
Relationships; Culturally Specific	<u>Love – All That and More (2009)</u>	The Faith Trust Institute created this healthy relationship and violence prevention curriculum comprised of 6-session curriculum, facilitator’s guide, and DVD clips. Teens are given skills to combat violence and develop healthy relationships.	Middle and high school students. Facilitator’s guide for use with Christian and Jewish youth, or in public schools.	<u>Complete program is currently on sale for \$97.</u> Available in the WCSAP Library.	No peer-reviewed evaluation research, but strongly supported by those in the field.
Bystanders; Boys & Men	<u>The Men’s Program</u>	Curriculum developed for presentation by men to men. Focuses on decreasing rape myth acceptance and increasing sexual violence awareness and bystander behavior.	Emphasis on young and college-age men.	<u>Books and videos range in price and are available from the one-in-four website.</u> Available in the WCSAP Library.	There is a lot of evaluation material available which points to positive outcomes from the intervention. However, the author of the guide is associated with all of the evaluations. Read more here: <u>http://www.oneinfourusa.org/menresearch.php</u>



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Bystanders; Boys & Men; Bullying	<u>Mentors in Violence Prevention (MVP) Playbooks for High School and College Males</u>	The MVP Model was created by Northeastern University's Center for the Study of Sport in Society and Jackson Katz. Approaches youth as potential bystanders, not victims or perpetrators, to sexual violence, bullying, and harassment. Playbooks use scenarios in order to build bystander response skills. Official training of trainers is available. Originally designed to engage student-athletes and student leaders to use their social influence over peers	Separate playbooks for high school and college males.	<u>Playbooks and Trainer's Guides for College Males are available for \$20. Playbooks and Trainer's Guides for High School Males and Females are \$35. Or \$50 for complete set of six (High School & College).</u>	The sex-segregated, bystander intervention approach to sexual violence prevention has had strong empirical support by prevention researchers. There are many evaluation research articles for this program, a few are listed below: Vanyard, V.L., Moynihan, M.M., & Plante, E.G. (2007). Sexual violence prevention through bystander education: An experimental evaluation. <i>Journal of Community Psychology</i> 35(4): 463-481. doi: 10.1002/jcop.20159
Bystanders; Girls & Women; Bullying	<u>Mentors in Violence Prevention (MVP) Playbook for High School Females.</u>	however can be used to engage a wide range of youth. This program is evidence-based and has shown increased bystander skills. Can be adapted for use with middle school students; especially with high school peers facilitating.	High school females.		Fabiano, P.M., Perkins, H.W., Berkowitz, A., Linkenbach, J., & Stark, C. (2003). <i>Journal of American College Health</i> 52(3): 105-112. doi: 10.1080/07448480309595732.
Bystanders	<u>One Act (2010)</u>	One Act is an in-person workshop for students of all genders that focuses on prevention of sexual assault through bystander intervention. One Act teaches a four-step framework for bystander intervention: observe, assess, ACT (ask for help, create a distraction, talk directly), and follow-up. There is a modified 3-hour version that is tailored for members of fraternities and sororities that focuses specifically on high-risk drinking.	Undergraduate students, graduate students, members of fraternities and sororities.	UNC shares curriculum materials and evaluation tools at no cost to those who interested. Contact: <u>oneact@unc.edu</u>	<u>One evaluation published in a peer reviewed journal in 2015.</u> The evaluation demonstrated significant effects for confidence to intervene as a bystander and willingness to help. There were non-significant effects for date rape attitudes and bystander behavior.



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Boys & Men; Relationships	<u>One Man Can</u>	Toolkit developed in South Africa focused on ending different forms of violence in their communities, including domestic and sexual violence and the spread of HIV/AIDS. This campaign engages men as teachers, coaches, youth, interfaith communities & fathers.	Boys and men of all ages.	<u>Can be downloaded for free in multiple languages.</u>	Evaluation of OMC found significant improvement in responding to gender-based violence. The research relied on self-report and was time-limited, however. Dworkin, S.L., Hatcher, A.M., Colvin, C., & Peacock, D. (2012). Impact of a gender-transformative HIV and antiviolenence program on gender ideologies and masculinities in two rural, South African communities. <i>Men and Masculinities</i> , 16(2): 181-202. doi: 10.1177/1097184X12469878
Healthy Sexuality; Relationships	<u>Our Whole Lives (OWL) (2013)</u>	The Unitarian Universalist Association created this secular curriculum to help participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Each volume contains different lessons, ranging from 8-session to 27-session curricula.	Six different age-appropriate volumes available: K-grade 1, grades 4-6, grades 7-9, grades 10-12, young adults (age 18-35), and adults.	<u>Each volume is sold separately with prices ranging from \$40 to \$75.</u> Facilitators encouraged to attend training. Available in the WCSAP Library.	No evaluation data available. Curriculum based on the <u>Guidelines for Comprehensive Sexuality Education (PDF)</u> produced by the National Guidelines Task Force, a group of health, education, and sexuality professionals assembled by the Sexuality Information and Education Council of the United States (SIECUS). The curriculum is also designed to meet or exceed the <u>National Standards for Sexuality Education Core Curriculum, K-12.</u>



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Healthy Sexuality; Culturally Specific	<u>Our Whole Lives, Sexuality & Our Faith</u>	This is the religious education companion series to the curricula <i>Our Whole Lives (OWL)</i> . The <i>Sexuality and Our Faith</i> series introduces explicitly UU and UCC material to the sexuality education programs in their congregations. Includes a companion book for each age-appropriate volume of OWL.	Age-appropriate volumes available: K-grade 1, grades 4-6, grades 7-9, grades 10-12, young adults (age 18-35), and adults.	Only available to Unitarian Universalist or United Church of Christ congregations.	See above.
Relationships; Healthy Sexuality	<u>The Practical Guide to Love, Sex and Relationships (2015)</u>	A teaching resource from the Australian Research Centre in Sex, Health and Society, La Trobe University, with activities exploring relationships, sexual consent, equity and sexual and reproductive health. Curriculum includes topic talking points, activities, videos, handouts, and evaluation tools.	Middle (grades 7-8) and high school (grades 9-10) students.	<u>Facilitator's guide and both curricula can be downloaded for free.</u>	No research available.
Bystanders; Communication ; Relationships	<u>The Red Flag Campaign (2010)</u>	Public awareness campaign created by the Virginia Sexual and Domestic Violence Action Alliance. Encourages bystanders to intervene when they witness peers in dating or sexual violence situations. The posters address emotional abuse, jealousy, victim blaming, isolation, sexual assault, sexual coercion, and stalking. Posters represent diversity of racial/ethnic backgrounds and both heterosexual and same-sex relationships.	College students.	<u>The campaign package of posters, Planning Guide, and flags ranges from \$500 to \$950.</u>	In Fall 2015, researchers at the VCU Institute for Women's Health conducted a pilot evaluation of The Red Flag Campaign in a random sample of 263 college freshmen at VCU. <u>Analyses showed that greater exposure to The Red Flag Campaign was associated with more positive bystander attitudes and bystander efficacy.</u>



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Relationships	<u>Safe Dates (2010)</u>	<p>Part of the <u>Respect Works Four-Step Approach to Preventing Dating Violence</u>, which is a comprehensive dating violence prevention program that also includes materials on developing school policy and a section on developing student leaderships. Safe Dates consists of a 10-session curriculum, play, parent materials, and posters. Students discuss healthy relationships, red flags, helping friends, gender stereotypes, and sexual assault. This is an evidence-based program that has had long-term outcomes measured in its effectiveness in preventing teen dating violence.</p>	Middle and high school students.	<u>Order entire program for \$245.</u> Available in the WCSAP Library.	<p><u>Most recent CDC review</u> included promising findings for Safe Dates related to IPSV for teens.</p> <p>Was shown by a four-year study to be effective in decreasing dating violence. Foshee, V.A., et al. (2005). Assessing the effects of the dating violence prevention program "Safe Dates" using random coefficient regression modeling. <i>Prevention Science</i> 6:245–57.</p>
Healthy Sexuality; Disability	<u>Sexuality Education for Adults with Developmental Disabilities</u>	<p>Planned Parenthood of New England has created cognitively accessible curriculum, which includes 20 lessons with scripts, handouts, detailed pictures, and teaching tools. Participants will learn about different relationships, private versus public, communication, decision making, starting romantic relationships, unhealthy relationships, anatomy, sexuality, consent, sexual choices, pregnancy, and sexual health.</p>	Adults with developmental disabilities.	<u>Can be ordered for \$250.</u>	No research available.



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Bullying; Sexual Harassment	<u>Shifting Boundaries (2011)</u>	Shifting Boundaries is an intervention designed to reduce the incidence and prevalence of dating violence and sexual harassment among adolescents. The intervention consists of two parts: a classroom-based curricula and a school wide component.	Middle school students, 10-15 years old	<u>Can be downloaded for free.</u>	Most recent <u>CDC review</u> of effective and promising programs included Shifting Boundaries. <u>Large scale evaluation</u> (2011) found that the “building” (schoolwide) component was effective by itself and in combination with the classroom component. Classroom sessions alone were not effective according to this evaluation. PreventConnect offers an overview of the curriculum and evaluation findings on the <u>recorded webinar</u> (2013).
Bystander	<u>Step UP! Be a Leader, Make a difference</u>	Step UP! is a prosocial behavior and bystander intervention program that educates students to be proactive in helping others	Undergraduate college students. Available in two versions: one for general student populations and one tailored to an audience of student athletes.	Training and program materials are available online at no cost. Materials are also available for order in print: Student guides cost \$9.95 each and <u>facilitator guide</u> costs \$17.95 each. In person facilitator training programs are hosted annually as well.	Step UP! has not been subject to any peer-reviewed research studies. <u>Received a NASPA Gold award</u> and recently was identified as a ‘Best Practice’ by the NCAA Sports Science Institute of national and international scholars.



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Relationships; Girls & Women; Culturally Specific	<u>Strong Girls, Healthy Relationships</u>	Jewish Women International created a 6-session, 12-hour program to promote a healthy sense of dating, friendship, and self-esteem for young women within a Jewish context. Participants are encouraged to explore these concepts through group discussions and individual writing exercises.	Young women ages 12 to 15.	3-hour curriculum available for \$25 in PDF format. 6-hour curriculum available for \$50 in PDF format. <u>Must submit online form to order.</u>	Evidence-based, but with no evaluation research available.
Boys & Men; Culturally Specific; Relationships	<u>Turning Points: A Commitment to Build Stronger and Safer Tribal Communities</u>	The curriculum focuses on both tribal community members and those working with the community as educators, social workers, judges, etc. Appropriate for both native and non-native audiences. Intended to encourage healthy relationships and the identification of sexual and intimate partner violence.	For individuals in and working with tribal communities.	<u>Can be downloaded for free.</u>	No research available.
Communication ; Healthy Sexuality; Relationships	<u>Unequal Partners, 4th Edition</u>	Unequal Partners includes 50 lesson plans to help adolescents and young adults learn about and explore the dynamics of both healthy and unhealthy relationships. A trauma-informed perspective helps participants explore sensitive and critical topics, including communicating about consent, understanding power dynamics, recognizing warning signs, helping a friend, and analyzing media influences.	Unequal Partners is organized into two volumes, one for youth ages 13-19, and another for college audiences.	<u>Available for purchase online for \$99.</u>	No research available.



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<p>CSA; Healthy Sexuality</p>	<p><u>Where We Live (2012)</u></p>	<p>This curriculum, created by the Pittsburgh Action Against Rape (PAAR), engages parents to prevent child sexual abuse. The program design was heavily informed by parents and many useful facilitation notes are in the manual and throughout the curriculum. Parents complete four 2-hour sessions: boundaries, bystanders, healthy relationships, and healthy sexuality. They are given take-home activities to complete with their children. Comes with evaluation tools.</p>	<p>Parents and caregivers of children up to the age of 10.</p>	<p><u>Full curriculum, handouts, and facilitation manual available online.</u></p>	<p>Rigorous evaluation findings have not been conducted. Findings were promising from evaluation efforts when initially created in Pittsburgh. These are available in the curriculum manual.</p> <p>Additionally, some evaluative data was gathered while piloting the curriculum in Washington State. Available here: <u>http://www.wcsap.org/pilot-project-report</u></p>
<p>CSA; Healthy Sexuality; Relationships; Communication</p>	<p><u>WholeSomeBodies (2013)</u></p>	<p>WholeSomeBodies is a curriculum for adults who have children and youth in their lives. Includes a guide for facilitators and a participant workbook with activities and materials to support workshops that address topics such as etymology and circles of sexuality, sensuality, gender, childhood messages, body image, and media awareness. Additional material addresses how to have difficult conversations and action planning.</p>	<p>Intended for audiences of adults who have children or youth in their lives.</p>	<p><u>Can be downloaded for free.</u></p>	<p>No research available. Program is based on prevention theory and research outlined on pages 7-11 of the <u>facilitator's guide</u>.</p>



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Boys & Men; Relationships	<u>Young Men's Work (1998)</u>	This 26-session curriculum, created by Paul Kivel and Allan Creighton, address gender norms, power and control, homophobia, racism, sexism, and other factors that contributes to gender-based violence. Young men are given tools to create healthy relationships through group discussions, activities, and videos. The website provides facilitators with tips on how to incorporate into school health or life skills requirements.	Young men, ages 14 to 19.	<u>The complete collection contains the facilitators guide, activity books, and a DVD and is sold for \$225.</u> <u>A 10 session component of the curriculum is available for \$8.</u> Available in the WCSAP Library.	No research available.
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