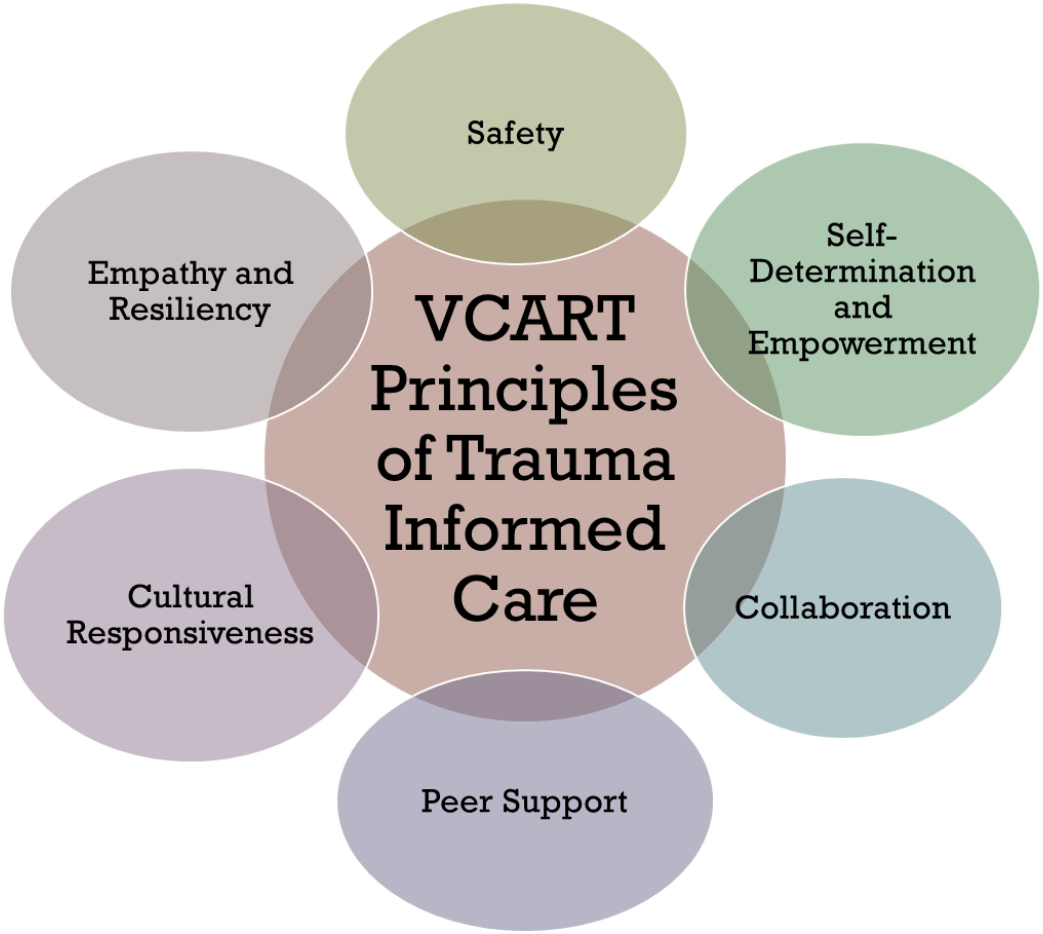
VCART Principles of Trauma Informed Care
Safety
Self-Determination and Empowerment
Collaboration
Peer Support
Cultural Responsiveness
Empathy and Resiliency