## Virginia Department of Criminal Justice Services Division of Public Safety Training and the

Virginia Center for School and Campus Safety (PST-VCSCS)Richmond, VA

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Memo No. VCSCS 24-006

- **MEMO To:** K-12 School Superintendents and Principals
- From: Donna Michaelis, Division Director, PST-VCSCS

Date: March 25, 2024

## Subject: Pathways for Prevention Mental Health Training

The purpose of this memorandum is to notify schools and divisions that the Virginia Center for School and Campus Safety (VCSCS) has, in collaboration with Safe & Sound Schools, developed seven unique professional development opportunities on mental health topics. These topics were chosen to improve mental health awareness and knowledge by educators and others, including SROs, to reduce school violence and improve school climate.

Division and school leaders can request any of the seven training topics individually for 2-3 hours of training or combine topics to create a full day of professional development. Each topic is available in-person or virtually by request. Through grant funding from the Bureau of Justice Assistance, we offer these at no cost to you through September 30, 2024.

The list of available professional development topics is below, a description of each can be found <u>here</u>:

- Bullying Prevention & Intervention
- Emotional Awareness & Management
- Suicide Prevention & Intervention
- Identifying & Supporting Youth with Trauma Experiences
- Positive Behavior Supports
- Responding to Threatening Behaviors
- Supporting Individuals & School Communities Through Grief Experiences

For more information or to schedule any of the professional development sessions, please visit <u>https://www.dcjs.virginia.gov/pathways-prevention-mental-health-training-available-request</u>